

Using Tools for Quality Improvement

Michael D. Chance MSM, MBA, MSQM, CPHQ, CQIA, CQPA, CSSGB

What's wrong with this picture?





Lessons Learned

- There is too much data...
- Don't get distracted from all the noise focus on the core findings
- Set priorities you can not do everything!
- Communicate clearly tell folks what is important!
- Slow down... understand before you act



Why Do We Use Data?

• Standard LD.03.02.01

- The hospital uses data and information to guide decisions and to understand variation in the performance of processes supporting safety and quality.
- Elements of Performance for LD.03.02.01
 - 1. Leaders set expectations for using **data** and information to improve the safety and quality of care, treatment, and services.
 - 2. Leaders are able to describe how **data** and information are used to create a culture of safety and quality.
 - 3. The hospital uses processes to support systematic **data** and information use.
 - 4. Leaders provide the resources needed for **data** and information use, including staff, equipment, and information systems.
 - 5. The hospital uses **data** and information in decision making that supports the safety and quality of care, treatment, and services. (See also NR.02.01.01, EPs 3 and 6; PI.02.01.01, EP 8)
 - 6. The hospital uses **data** and information to identify and respond to internal and external changes in the environment.
 - 7. Leaders evaluate how effectively **data** and information are used throughout the hospital.



Why Do We Use Data?

- Regulatory Standards & Expectations
 - Have a well-developed question BEFORE data collection.
 - Data needs to be STABLE and (statistically) PREDICTABLE.
 - To Identify Opportunities for Improvement.
 - Identify Changes that lead to Improvement.
 - Sustain Improvement once we have made it.



Barriers To Putting Data Into Action

- Don't even know where to get data / info
- Collecting the wrong data
- No one is interested in it
- Paralysis by analysis
- Incorrect interpretation of data
- Too complex to understand
- Defensiveness

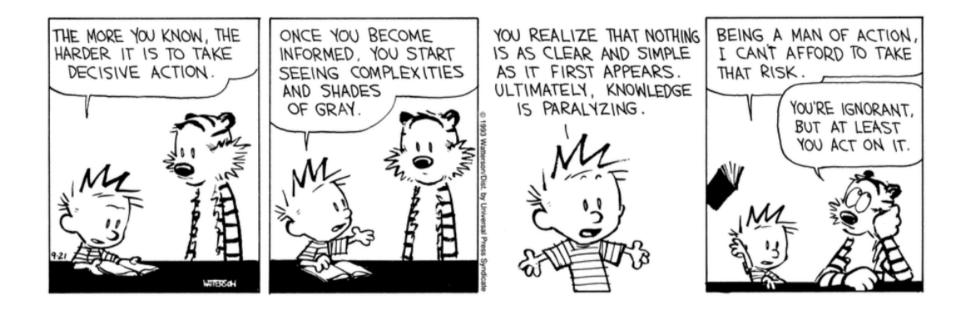


Incorrect Interpretation of Data



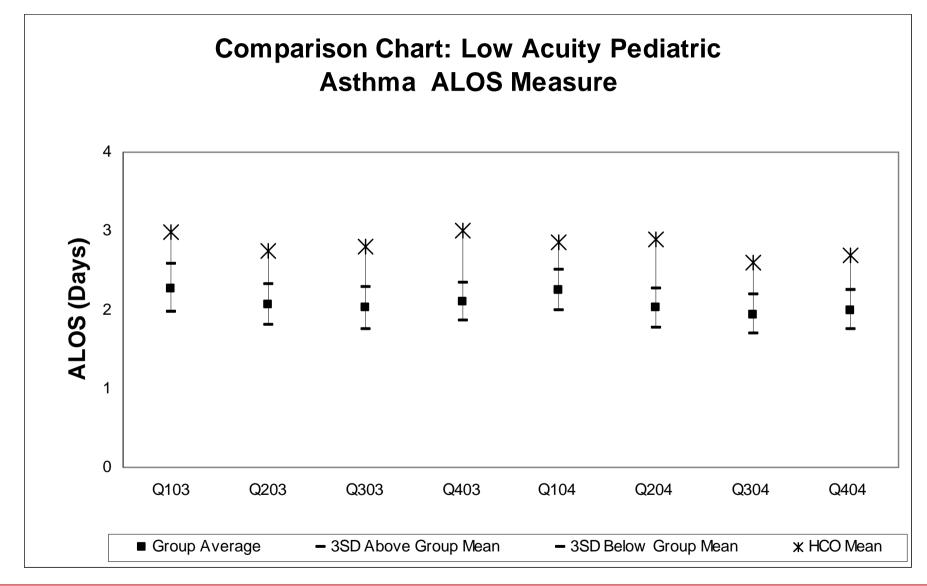


Too Complex to Understand





TCH Asthma Care Initiative in 2005





Stages of Coping with Data

• Stage I: "The data are wrong...."



TCH Asthma Care Initiative in 2005

- Over 200 Asthma Action Plans
 - 25% of inpatients received AAP
- Oxygen weaning strategies ranging from 5 minutes to 24 hours prior to discharge
- Beta agonists:
 - No weaning protocol or dose delivery protocol
 - 20% of patients received MDI treatments





Stages of Coping with Data

- Stage I: "The data are wrong...."
- **Stage II**: "The data are right, but it's not a problem..."
- **Stage III**: "The data are right, it's a problem, but it's not my problem..."
- Stage IV: "The data are right, it's a problem, it's my problem..."

- IHI – Take the Journey to "Jiseki"





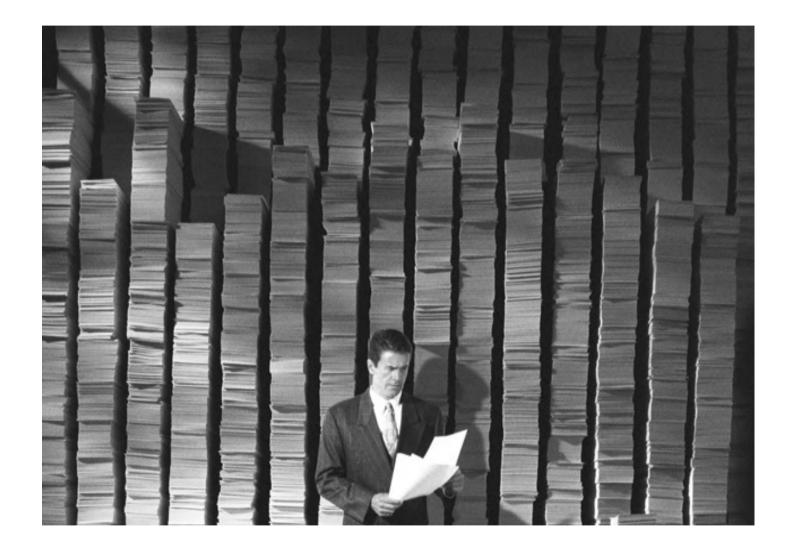
In God We Trust,

All Others Bring Data.

W. Edwards Deming

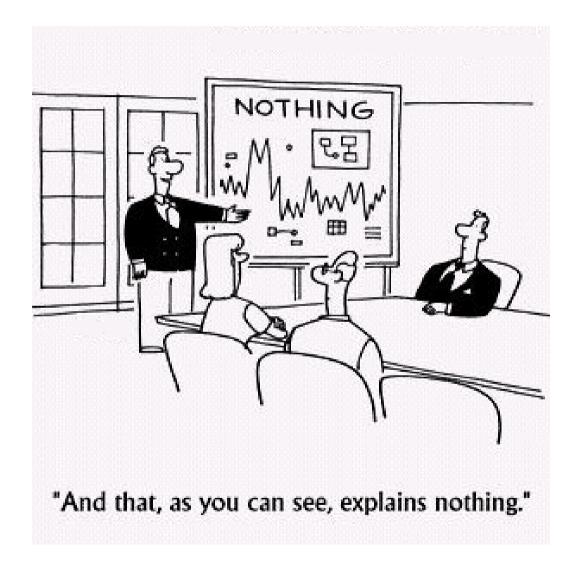


How Do We Make Sense of Data?



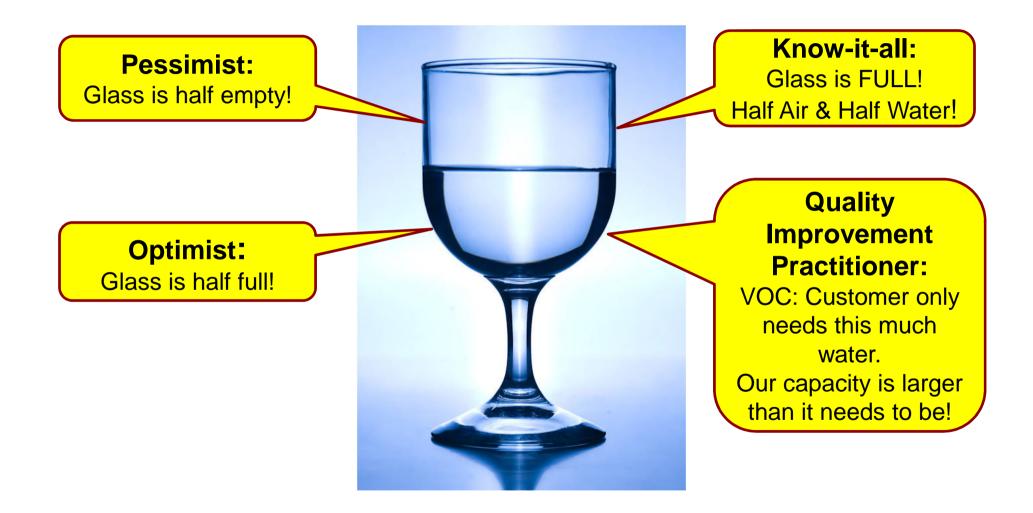


Quality Improvement Tools





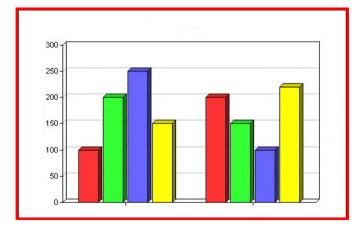
What do you see?





Purpose of QI Tools

"If the only tool you have is a hammer, you will see every problem as a nail."



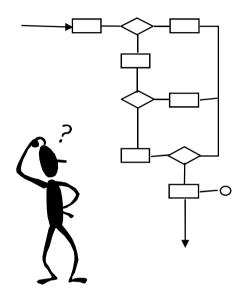
Abraham Maslow, 1966

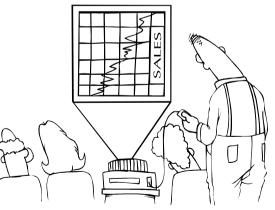
Row	AGE	ED-LEVEL	SMOKING ST≻	EXERCISE	WEIGHT	SERUM-CHOL	SYSTOLIC 🔺
1	27	2	1	1	120	193	126
2	18	1	0	1	145	210	120
3	32	2	0	0	118	196	128
4	24	2	0	1	162	208	129
5	19	1	2	0	106	188	119
6	56	1	0	0	143	206	136
7	65	1	2	0	160	240	131
8	36	2	1	0	215	215	163
9	43	1	0	1	127	201	132
10	47	1	1	1	132	215	138 🛫
•							Þ



Purpose of QI Tools

- Describe and improve processes
- Evaluate process or output variation
- Assist with decision-making
- Analyze data in a variety of ways
- Display information







Types of QI Tools

Quality Improvement Tool Selection Matrix

NOTE:	Tool	E/F	1	2	3	4	5	6	7	8	9	10
E=Expanding			Charter	Customer	Current	Oppor-	Root	Changes	Do It	Monitor	Stan-	Learning
F=Focusing			& Plans	Needs	State	tunities	Causes				dardize	
	ACORN test	F	•						_			
	Arrow Diagram	F	•					•	•		•	
	Balanced Scorecard	F	•	•	•			•	•	•		
	Barriers & Benefits Exercise	E						•	•		•	•
	Check List (generic)	F	•						•	•	•	
	Contingency Diagram	E							•		•	
	Continuum of Team Goals	F	•							•		•
	Flowchart (generic0	E/F	•	•	•	•	•	•	•	•	•	•
	Force-Field Analysis	E						•	•		•	•
	Gantt Chart	F	•					•	•		•	
	Matrix Diagram (generic)	F	•	•				٠	•		•	•
	Meeting Evaluation	F	•	٠	•	•	•	•	•	•	•	•
	Mind Map	E	•	•	•	•	•	•	•		•	•
Project	Operational Definitions	F	•	•	•	•	•	•	•	•	•	•
Planning &	Plan-Do-Study-Act Cycle	F	•	•	•	•	٠	•	•	•	•	•
Implementing	Plan-Results Chart	F								•	•	•
Tools	Potential Problem Analysis	E/F						•	•		•	
	Presentation	F	•	•	•		•		•	•	•	•
	Process Decision Program Chart	E/F						•	•		•	
	Project Charter	F	•	•	•	•	•	•	•	•	•	•
	Project Charter Checklist	F	•									
	Relations Diagram	E/F	•	•		•		٠			٠	
	Stakeholder Analysis	E/F	•	•				•	•		•	
	Storyboard	E/F	•	•	•	•	•	٠	٠	•	•	•
	Table (generic)	E/F	•	•	•	•	٠	٠	٠	•	•	•
	Tree Diagram	E	•	•	•	•	•	•	•	•	•	•
	Two-dimensional chart (generic)	F	•	•	•	•		•	•	•	•	•
	Wordsmithing	E/F	•	•	•		•	•			•	•
Idea Creation Tools	Affinity Diagram	E/F	•	•	•	٠	•	•			٠	•
	Benchmarking	E/F	•			•		•				
	Brainstorming	E	•	•		•	•	•			•	•

Divergent & Convergent Tools



Purpose of QI Tools





Basic Decision Making Toolbox

Histogram Pareto Chart Scatter Diagram Run Chart Control Chart

iversity of the second second

Definitions

Distribution - Tendency of large numbers of observations to group themselves around some central value with a certain amount of variation or "scatter" on either side

Variation - Any quantifiable difference between individual measurements; such differences can be classified as being due to common causes (random) or special causes (assignable)



Definitions

Discrete Data – (Attribute) Data that is qualitative, rather than quantitative. (i.e. Color, Type, Characteristic, yes/no, location, etc.)

Continuous Data – (Variable) Data that is quantitative, rather than qualitative. (i.e. length, time, age, weight, volume, etc)



Definitions

Measures of Central Tendency - relates to the way in which one dimensional quantitative data tend to cluster around some value

Arithmetic mean, Median, Mode, Geometric mean, Harmonic mean, Weighted mean, Truncated mean, Midrange, Midhinge, Trimean, Winsorized mean.

Average - a measure of the "middle" or "typical" value of a data set



Measures of Central Tendency

"The Average"

Average Length of Stay Average Age Average Cost Average Throughput Time Average Turnover Time Average Time to Admission Etc.



What Constitutes an "Average"?

Mean – The mathematical average of a group of measurement values.

Median – The middle of a group of measurement values when arranged in numerical order.

<u>Mode</u> – The most frequently occurring value in a group of measurements.



"If I stick my right foot in a bucket of boiling hot water and my left foot in a bucket of freezing ice water, on the average, I'm pretty comfortable."

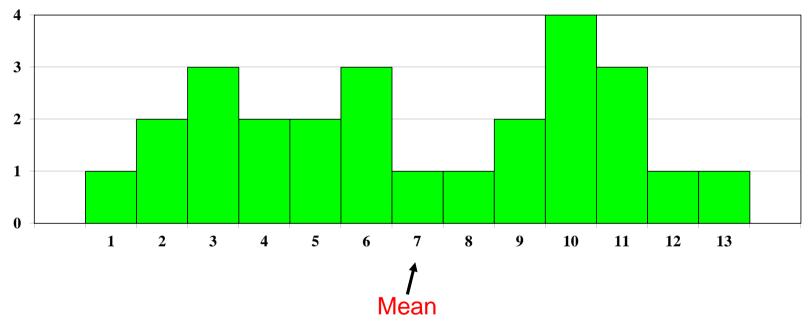


Author Unknown



Definition of "Average"

Age of Patients Treated in the EC for Syncope

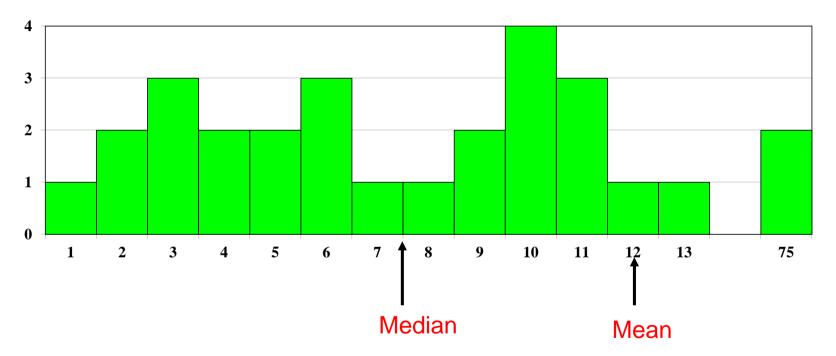


<u>Mean</u> – The mathematical average of a group of measurement values.



Definition of "Average"

Age of Patients Treated in the EC for Syncope

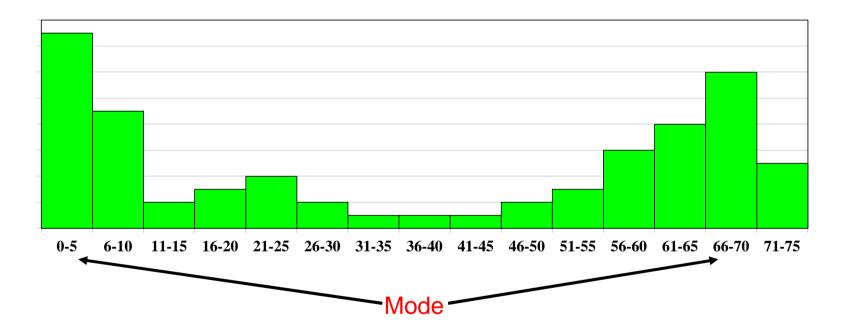


 <u>Median</u> – The middle of a group of measurement values when arranged in numerical order.



Definition of "Average"

Average Age of Patients with Falls



<u>Mode</u> – The most frequently occurring value in a group of measurements.



Welcome to Quality Medical Center

• The Quality Medical Center (QMC) Management Team is proud of their system of metrics.

- They monitor a wide variety of indicators and carefully compare the averages for these indicators to performance targets on a regular basis.
- They are confident that this process provides them with accurate information of the status of key processes and enables them to make effective management decisions.



But, is this confidence founded?

Let's look at several scenarios.

- QMC has an innovative new treatment plan for a chronic medical condition with one therapeutic session per day.
- The QMC target for inpatient therapeutic sessions is 8.
- The upper and lower thresholds for this indicator are 9 sessions and 7 sessions respectively.



What are the Consequences?

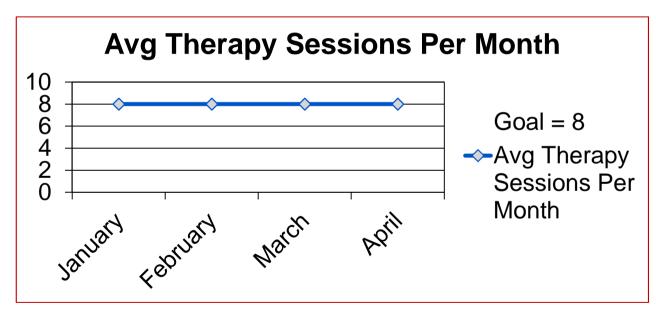
Based on agreements with the third party payors:

- If inpatient days exceed 9 the hospital reimbursement for those days will be denied.
- If therapeutic sessions are less than 7 there is a greater chance of unplanned readmission, which again will lead to decreased reimbursement.



But, is this confidence founded?

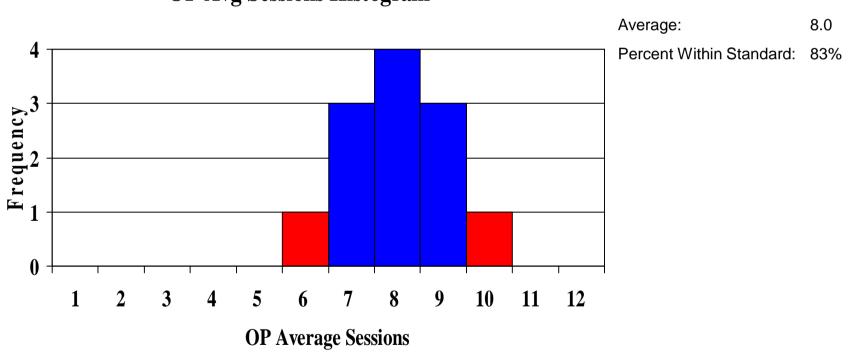
• Their monthly reports to the hospital executives consistently report an average of 8 sessions.



So they are consistently on target.... Right?



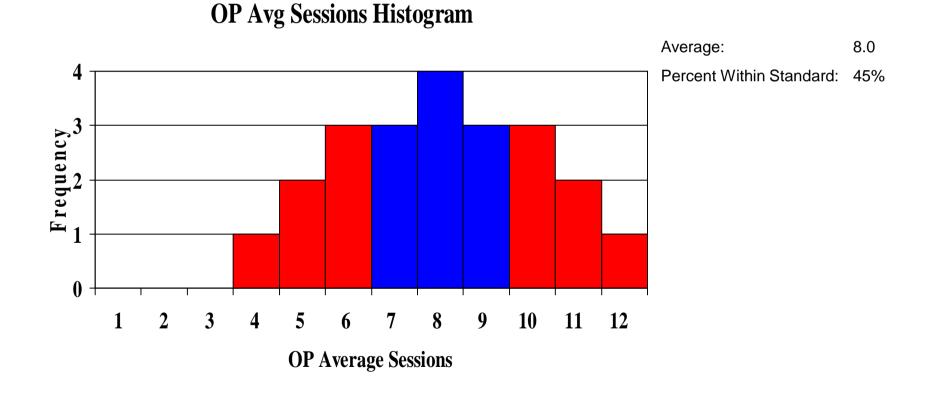
Scenario #1: Best Case Scenario "See, I told you so!"



OP Avg Sessions Histogram

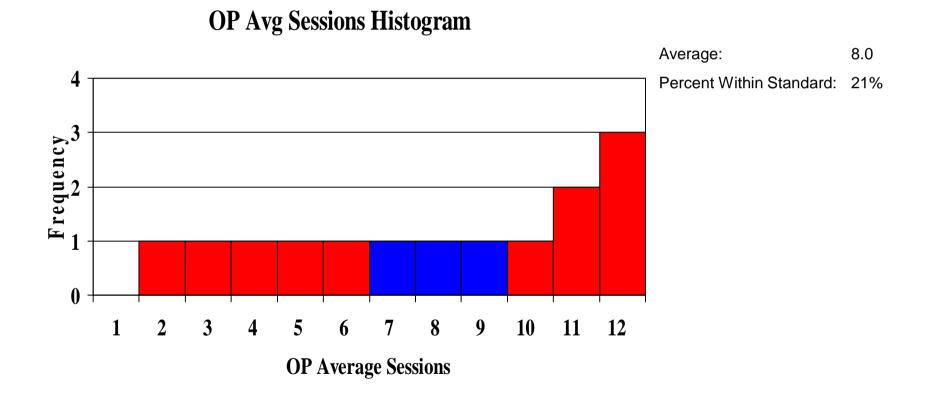


Scenario #2: What happens when the distribution "widens-out"?



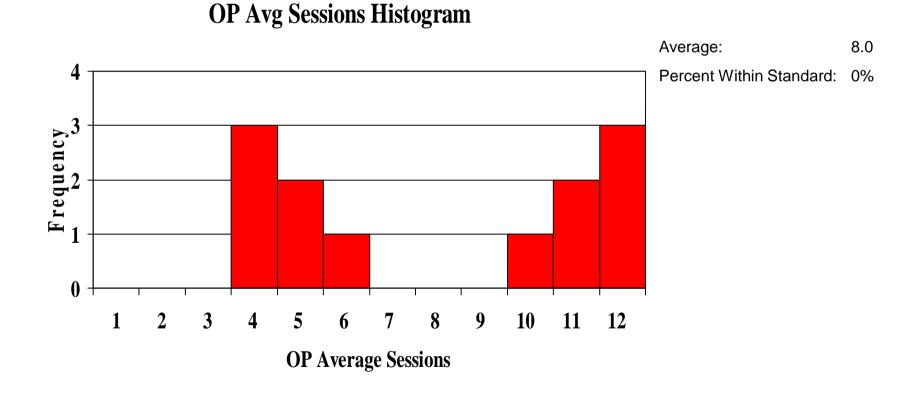


Scenario #3: A Skewed Distribution



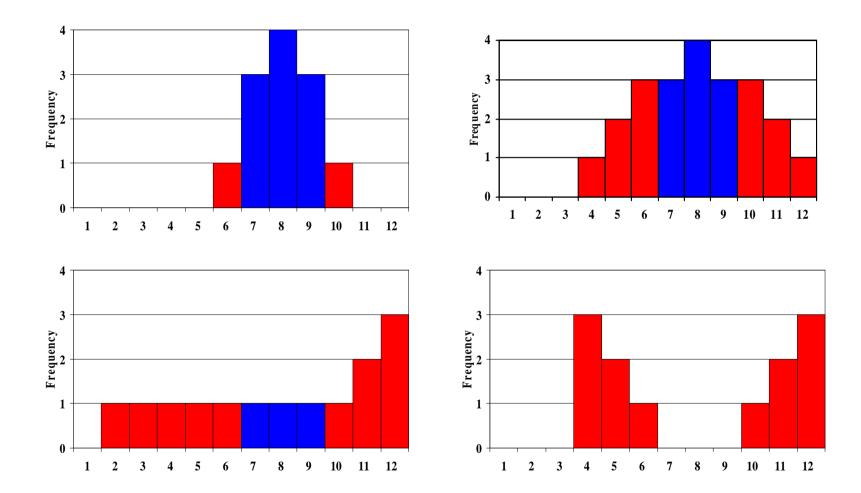


Scenario #4: "What do you mean we missed the target altogether?"





With only the average, there's no way to determine "what really happened."

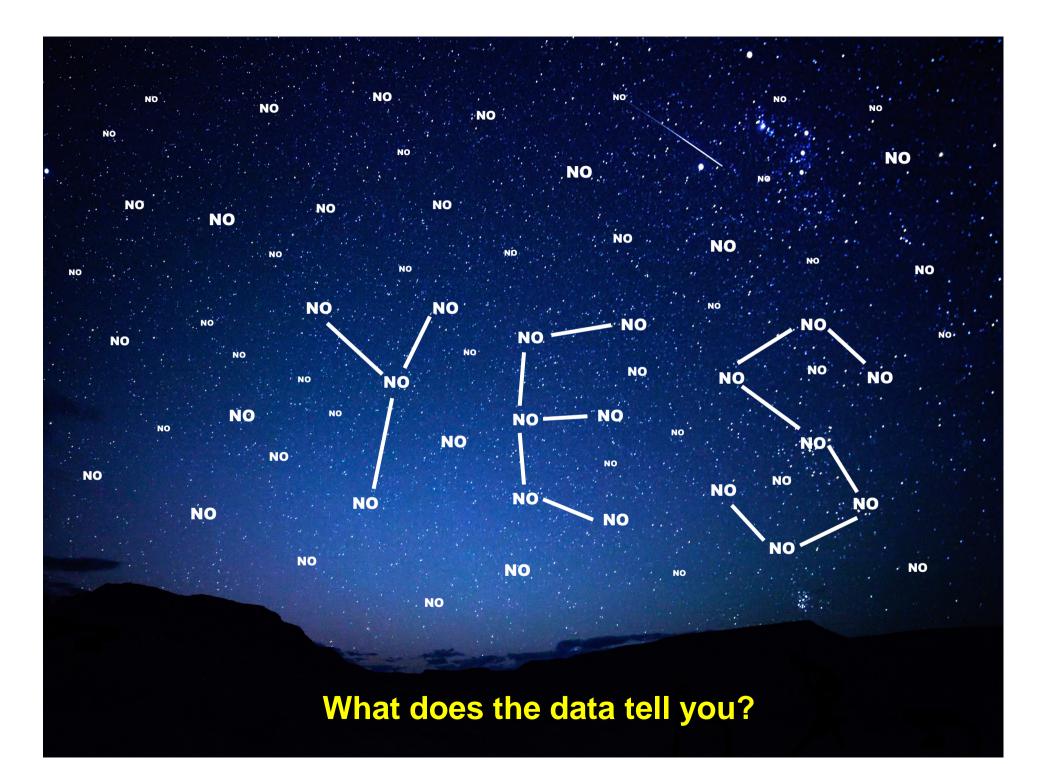




"Do not put your faith in what statistics say until you have carefully considered what they do not say."

William W. Watt





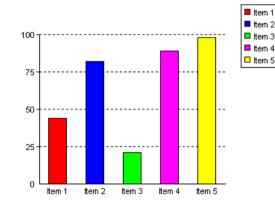
"There are three kinds of lies: lies, damned lies, and statistics."

Mark Twain

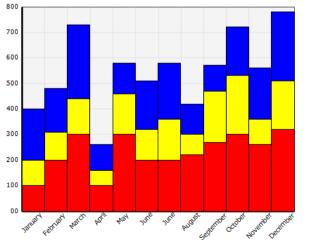


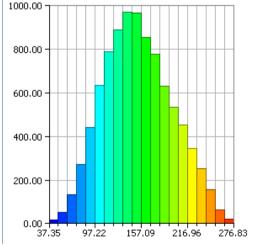
Basic Decision Making Tools

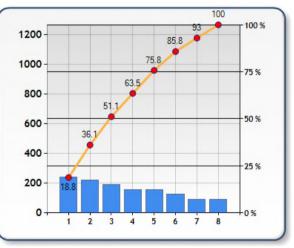
Bar Charts













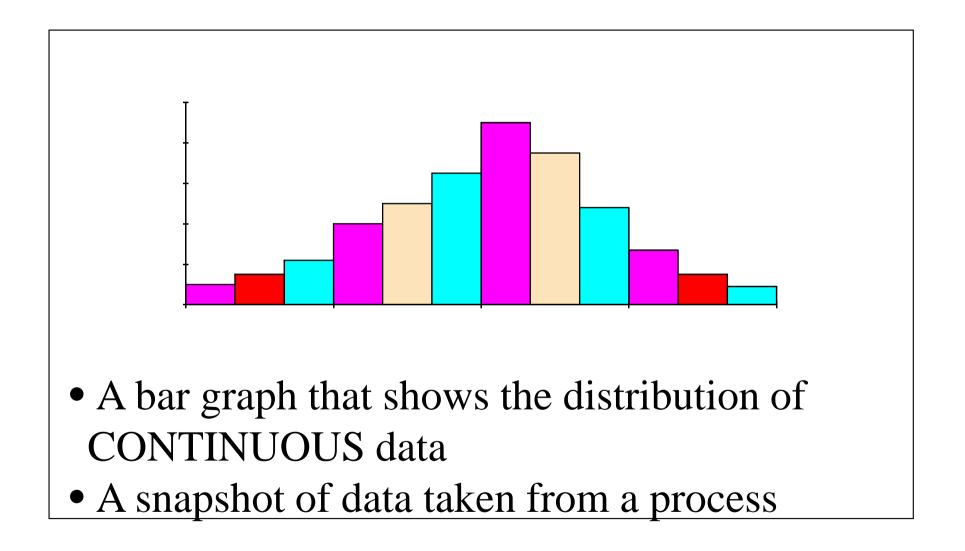
Basic Decision Making Tools

Histogram





What is a Histogram?



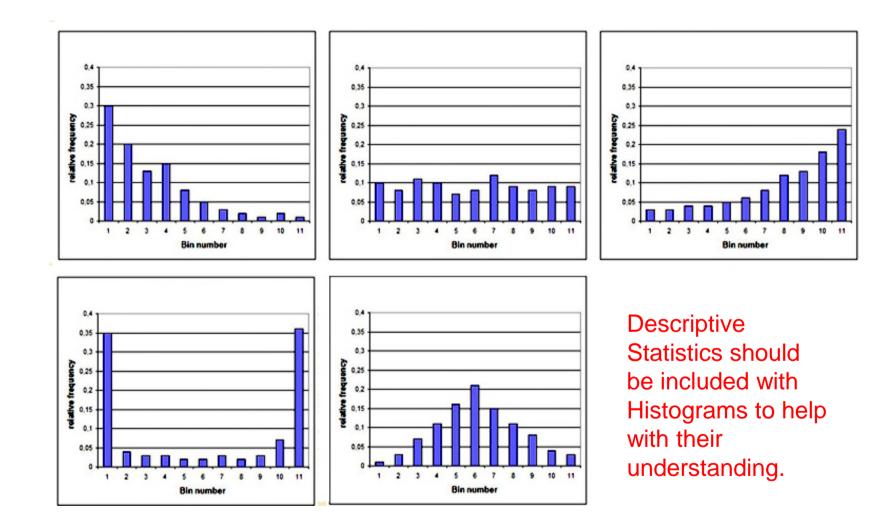


When are Histograms used?

- Summarize large data sets graphically
- Compare process results to specification
- Communicate information to the team
- Assist in decision making



Data Distributions



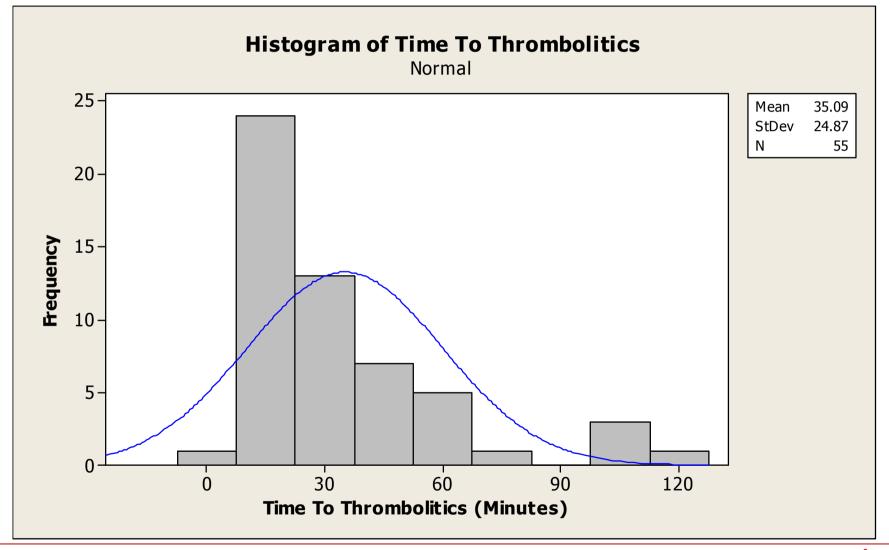


Descriptive Statistics

Wait Time (Hours)	
Mean	5.39
Standard Error	0.06
Median	5.45
Mode	5.95
Standard Standard	
Deviation	0.73
Sample Variance	0.54
Kurtosis	0.18
Skewness	-0.40
Range	<mark>4.30</mark>
Minimum	2.95
Maximum	7.25
	808.4
Sum	0
	150.0
Count	0

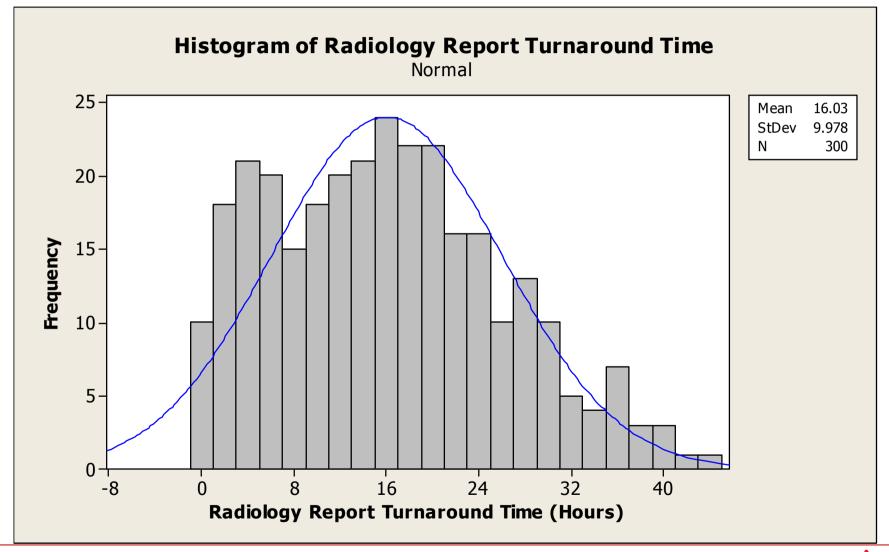


Distribution



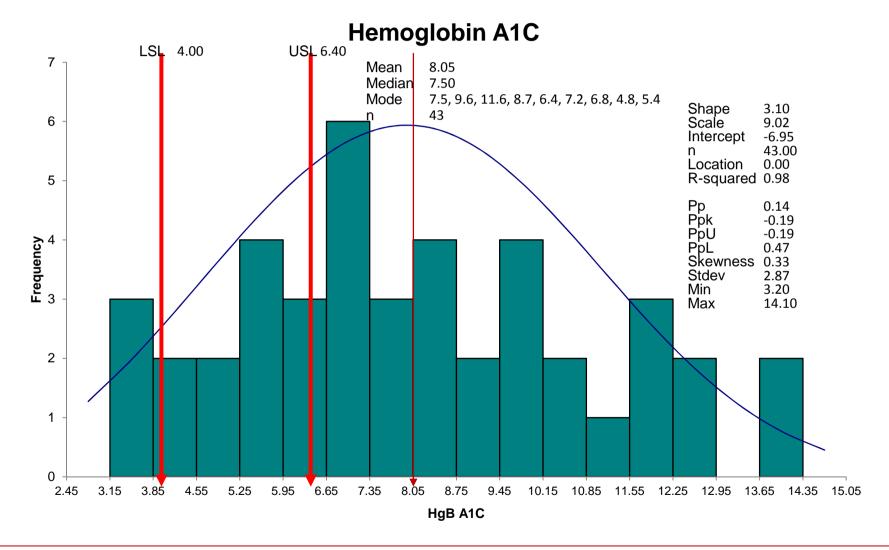


Distribution





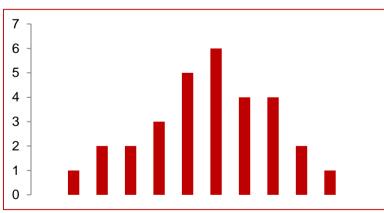
Distribution

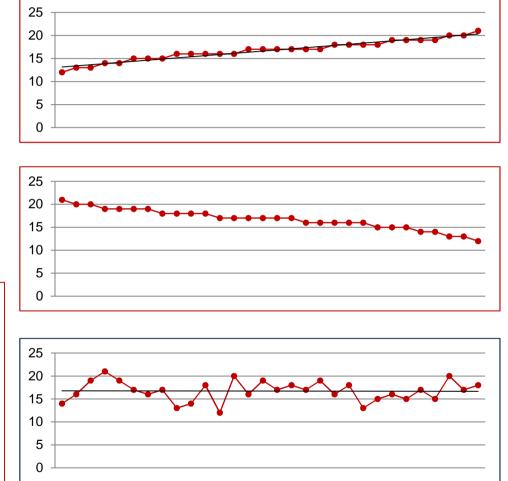




Histogram Analysis

- Histograms are a snapshot in time and show "distribution".
- They do NOT show trends over time.







Histogram

What Have People Used Histograms For?

- Time to complete a type of lab test.
- Minutes waiting time.
- Cost per case
- Length of Stay
- Age of all unplanned readmits
- Length of time to respond to STAT Requests from ED for radiology
- Number of sessions of therapy attended before premature termination of therapy.



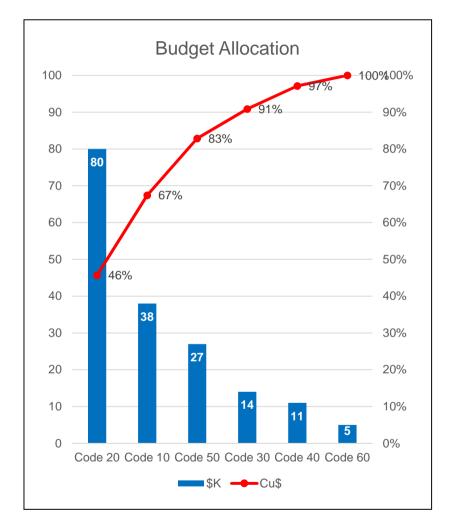
Basic Decision Making Tools

Pareto Chart



What is a Pareto Chart?

- Bar chart arranged in descending order of height from left to right
- Bars on left relatively more important than those on right
- Separates the "vital few" from the "useful many" (Pareto Principle)
- 80/20 Rule
 - 80% of the gain from 20% of the categories





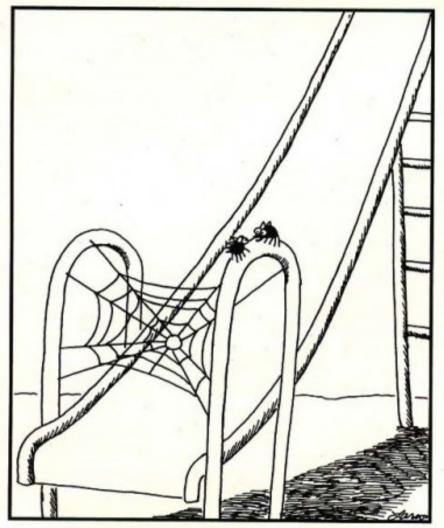
Why use a Pareto Chart?

- Breaks big problems into smaller pieces
- Displays causes or problems in priority order
- Identifies most significant factors
- Shows where to focus efforts
- Allows better use of limited resources



Why use a Pareto Chart?

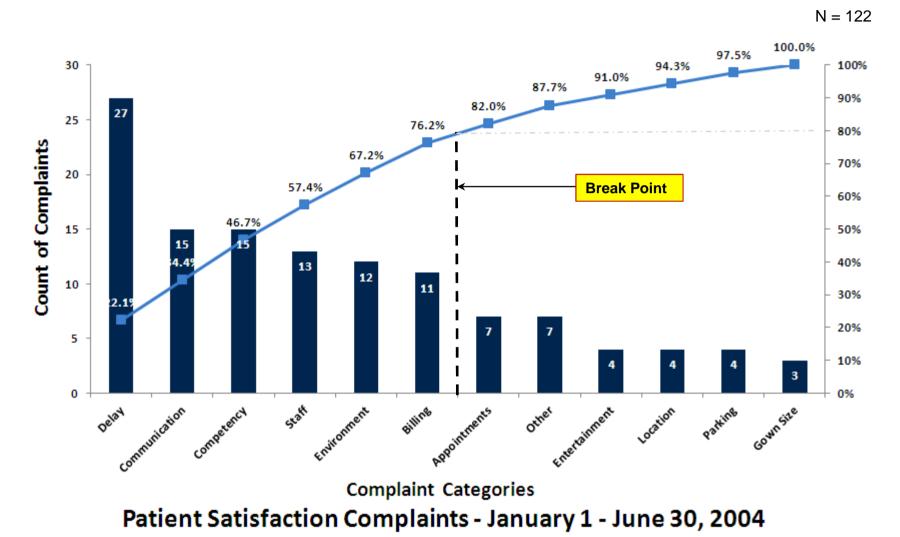
Most people trying to start an improvement try to tackle ALL of the problems at one time rather than breaking it down into manageable pieces.



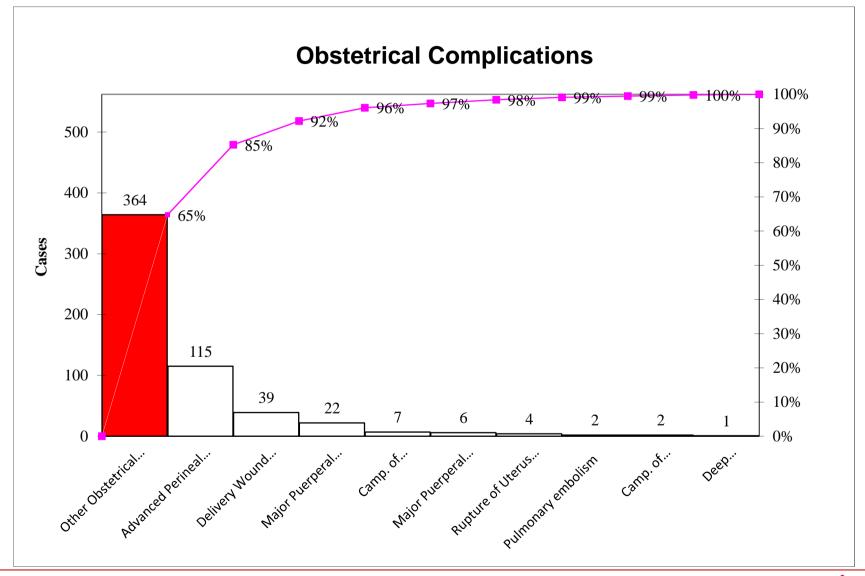
"If we pull this off, we'll eat like kings."



Pareto Chart Construction

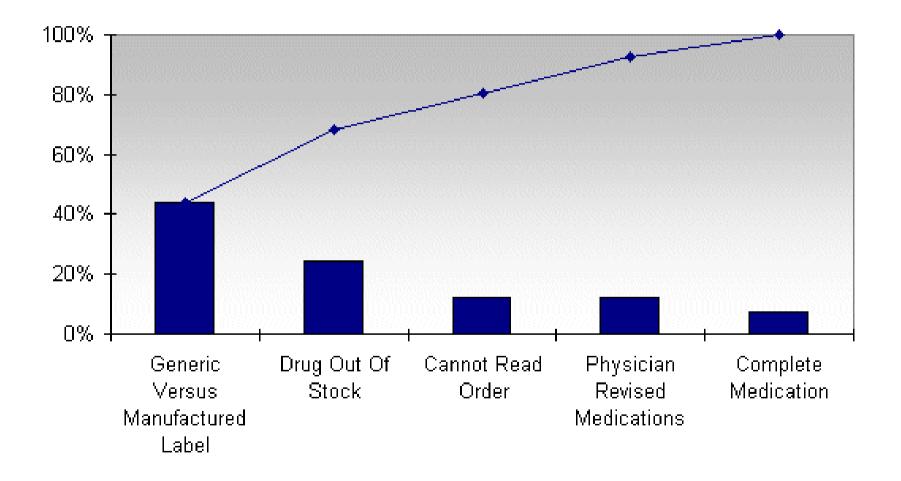




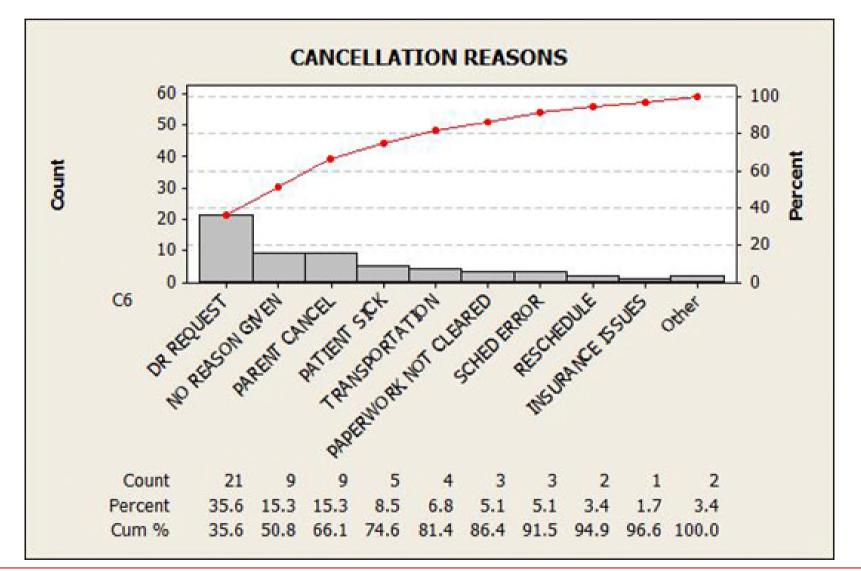




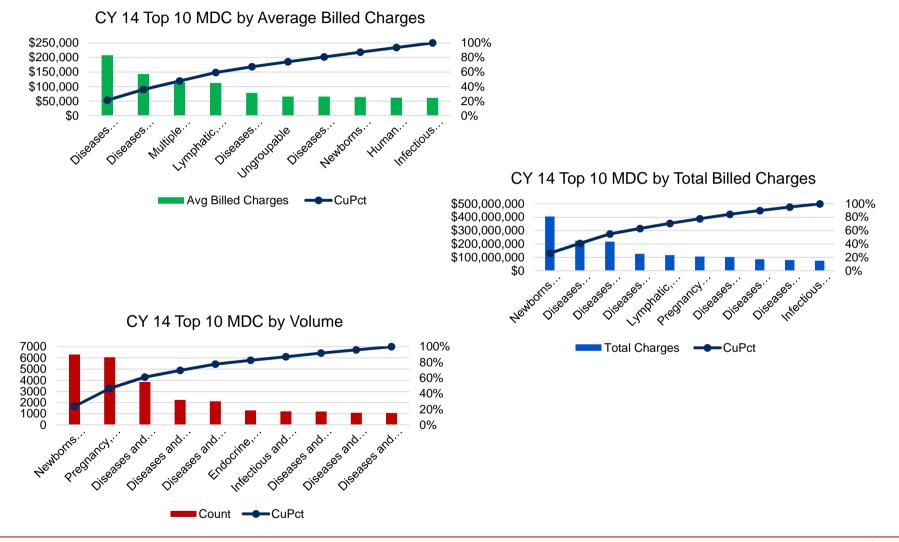
Causes For Medications Not Being Delivered On-Time











view Texas Children's Hospital

What Have Others Used Pareto For?

- Sources of referrals to home care
- Reasons for same day surgery cancellations
- What customers called most about in Managed Care Organizations (what benefits)
- Causes of readmission
- Reasons for patients switching physicians
- Hospitals with most unplanned C-sections
- Causes of falls, needlesticks, med errors
- Reasons for Monday phone calls
- Reasons for delays (Discharge, etc)



Basic Decision Making Tools

Scatter Diagram



What is a Scatter Diagram?

A graph of paired data points plotted on a table that helps identify the possible relationship between the changes observed in two different sets of variables.



Why use Scatter Diagrams?

- Supplies the data to confirm a hypothesis that two variables are related.
- Provides both a visual and statistical means to test the strength of a potential relationship.
- Provides a good follow-up to a Cause and Effect Diagram to find out if there is more than just a consensus connection between causes and the effect.



Why use Scatter Diagrams?



"Watch what happens when I do this."

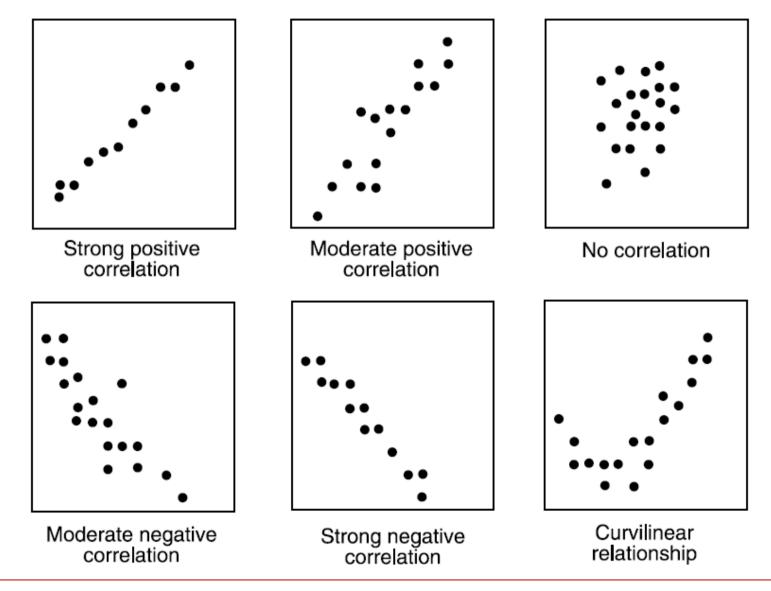


Interpreting Scatter Diagrams

- <u>Strong Positive Correlation</u>: An increase in y may depend on an increase in x.
- <u>Moderate Positive Correlation</u>: If x is increased, y may increase somewhat.
- <u>No Correlation</u>: There is no demonstrated connection between training experience and session ratings.
- <u>Moderate Negative Correlation</u>: As x is increased, y may decrease somewhat.
- <u>Strong Negative Correlation</u>: A decrease in y may depend on an increase in x.
- <u>Non-Linear or Curvilinear</u>: May increase or decrease alternately to create an arch or sigmoid curve

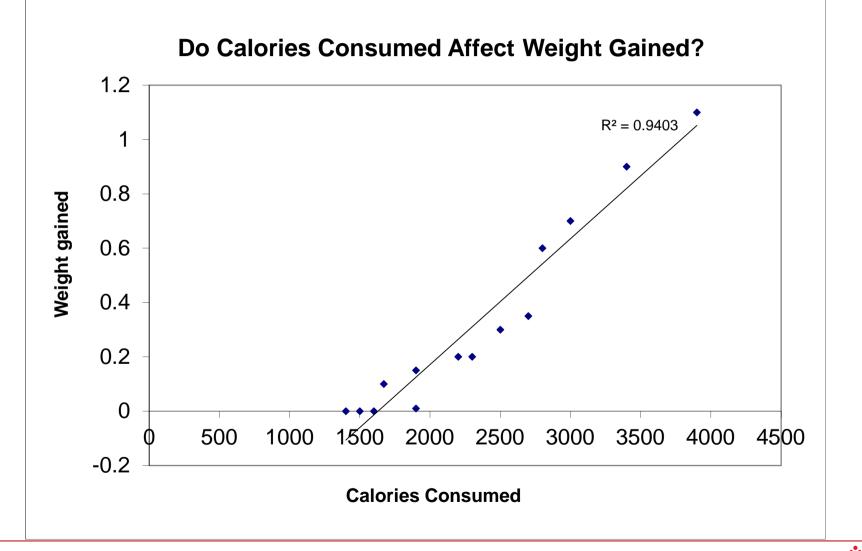


Scatter Diagram Correlation



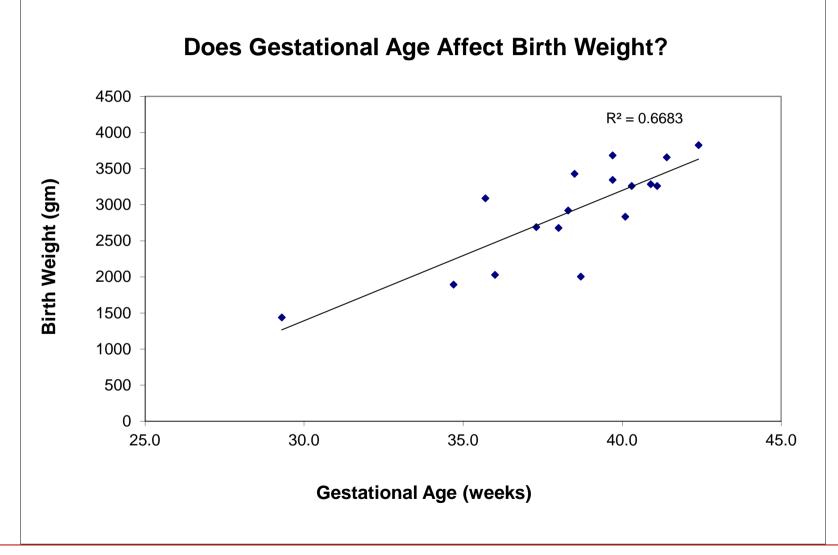


Scatter Diagram Example





Scatter Diagram Example

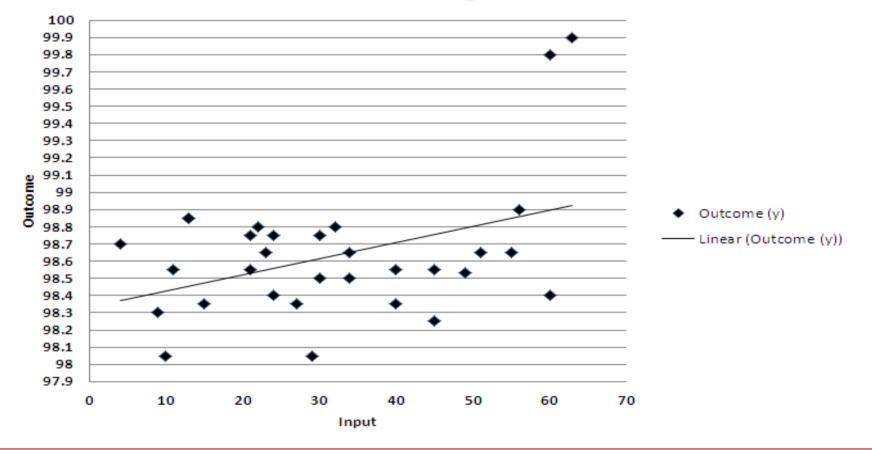




Scatter Diagram Example

Is there a correlation?

Scatter Diagram

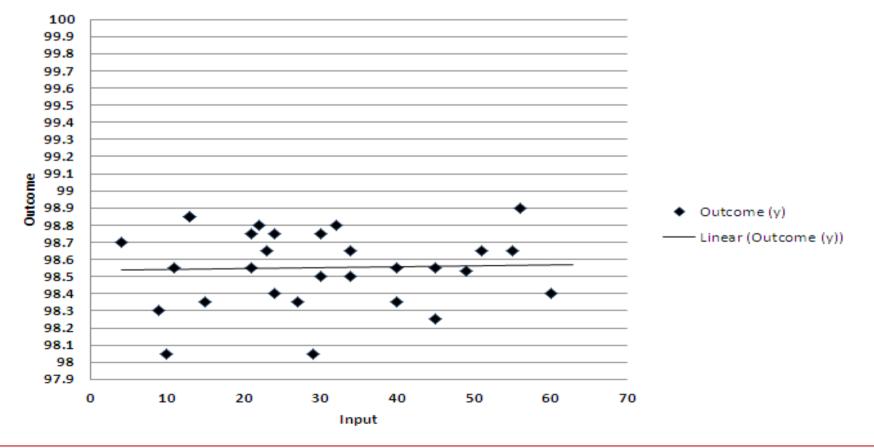




Scatter Diagram Example

Beware of False Correlation

Scatter Diagram





Scatter Diagram

What Have People Used Scatter Diagrams For?

- Following are paired samples (X, Y)
 - (amount of Pitosin given, length of labor)
 - (amount of drug given, pain rating)
 - (minutes treatment given, mobility rating)
 - (rating on a particular question, overall customer satisfaction rating)
 - (age, length of stay)
 - (# phone orders, rate of late prescription fills)
 - (volume of work, proportion of errors)



Basic Decision Making Tools

Understanding Variation



Basic Decision Making Tools

Variation

Variation - Any quantifiable difference between individual measurements; such differences can be classified as being due to common causes (random) or special causes (assignable)

Variation: A change in data, characteristic or function caused by one of four factors: common causes, special causes, tampering or structural variation. - American Society for Quality



Common vs Special Causes of Variation

Common Causes

- Also called Chance causes of variation.
- Inherent in the process, affect all
 data points.
- Must focus on improving the process to decrease common cause variation.
- The "background noise" of the process.
- All processes manifest some degree of Common Cause variation.

Special Causes

- Also called Assignable causes of variation.
- Result from some factor unique to a data point.
- Focus on removing special causes to bring process into statistical control.



Neither type of variation is "good" or "bad" in itself!

COMMON CAUSE

- Only tells you that a process is stable and predictable within certain limits
- However, it may be functioning at an unacceptable level!

SPECIAL CAUSE

- Usually undesirable when you did not plan for it.
- Can also be a "signal" that a planned change was effective.



Using Data Over time

In 1854, Dr. John Snow (father of modern epidemiology) plotted the location of the deaths from a Cholera epidemic on a map of London, and observed that most deaths occurred among those who lived near the Broad Street water pump. He came to the conclusion that they were sharing a contaminated water source. He had an idea to take the handle off of the pump so no one could use it. After he had the handle removed, the epidemic ended.

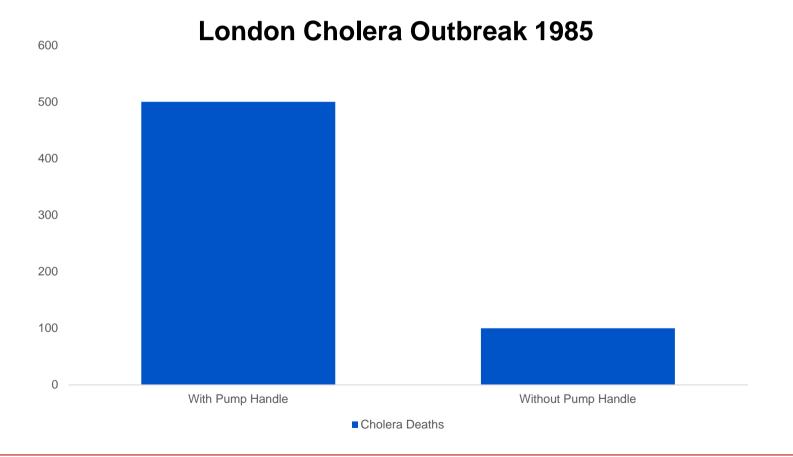


John Inow



Using Data Over time

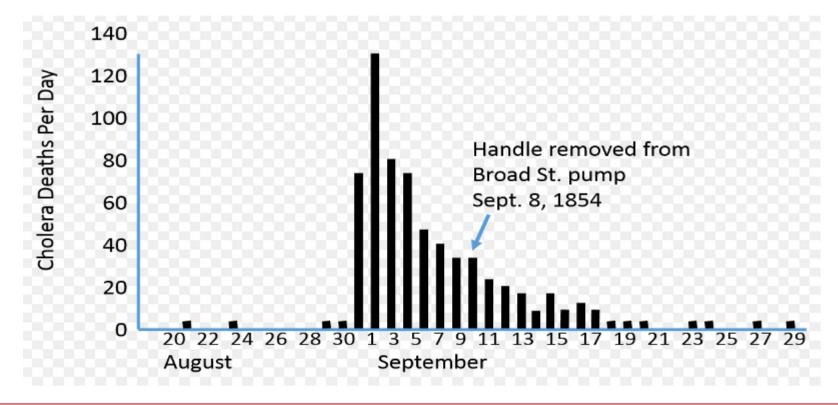
If you do a t-Test, you are going to find a significant difference before and after his intervention.





Using Data Over time

But what happens if we look at the data over time with what we know today? There are very few deaths before September first, then we see a dramatic leap once the epidemic begins. But then they begin tapering off. Now after looking at the data over time, how sure are we that removing the pump handle REALLY made the critical difference?





Basic Decision Making Tools

Run Charts



What is a Run Chart?

A line graph of data points plotted in chronological order that helps detect special causes of variation.

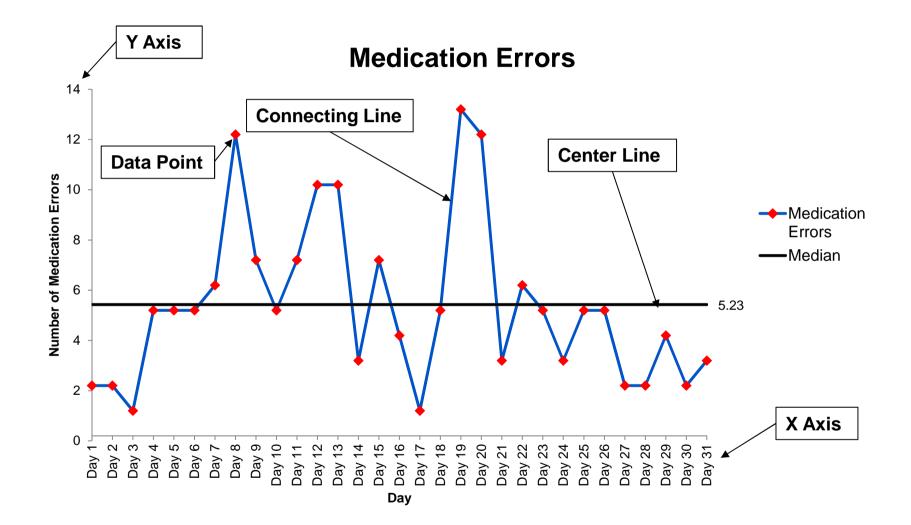


What is a Run Chart?

- A running record of process behavior over time.
- Requires no statistical calculations.
- Shows process behavior at a glance.
- Can detect **some** special causes.
- Time sequence is plotted on horizontal axis.
- Measure of interest is always plotted on the vertical axis.
- Center Line is the *mean* or *median* score.



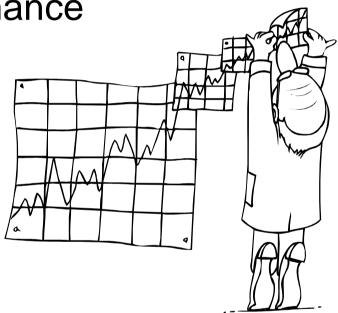
Run Chart





Why use Run Charts?

- Communicate process performance
- Analyze data for patterns
- Assess process stability
- Understand process variation
- Monitor process performance



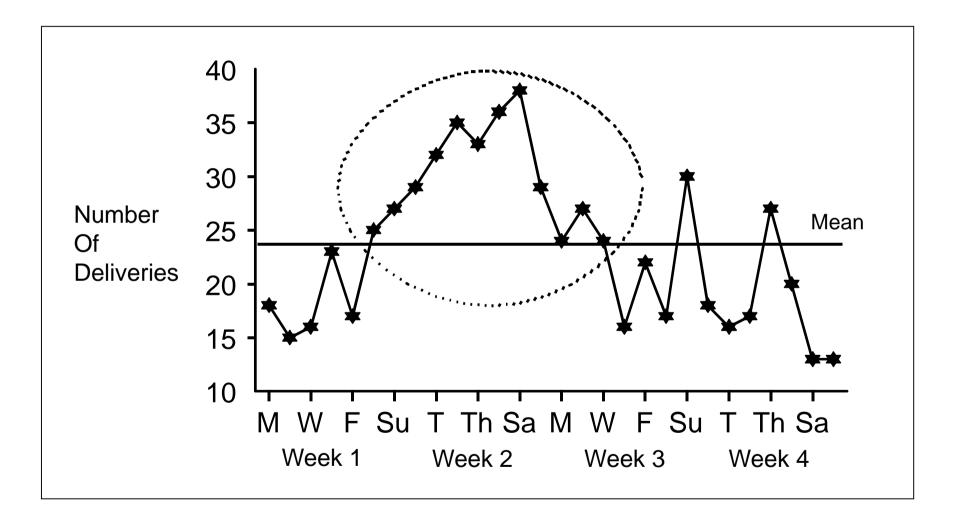


Interpreting Run Charts

- Signals of Special Cause Variation
- **Shift:** 8 or more consecutive data points on the same side of the centerline
- **Trend:** 6 or more consecutive ascending or descending points
- Repeating Patterns

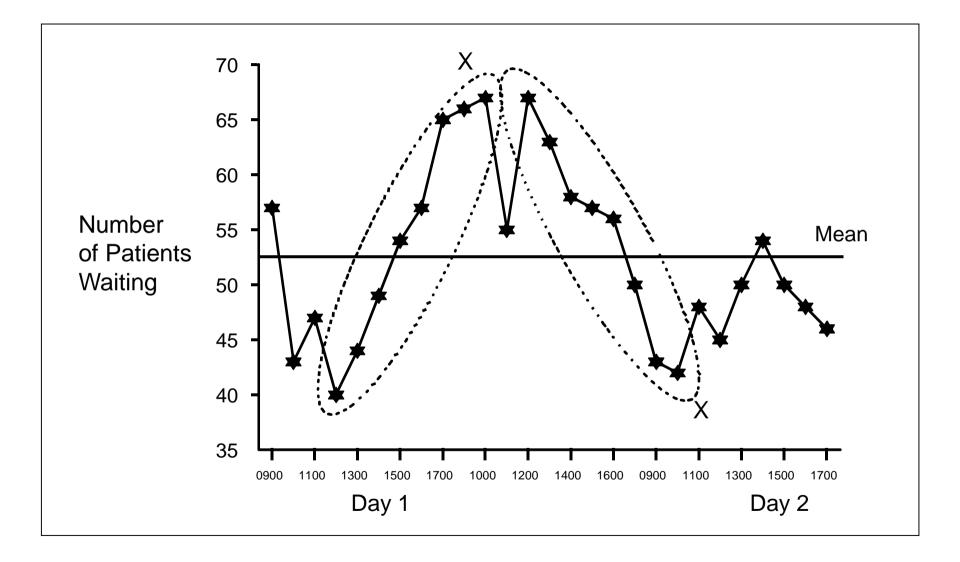


Interpreting Run Charts: Shift



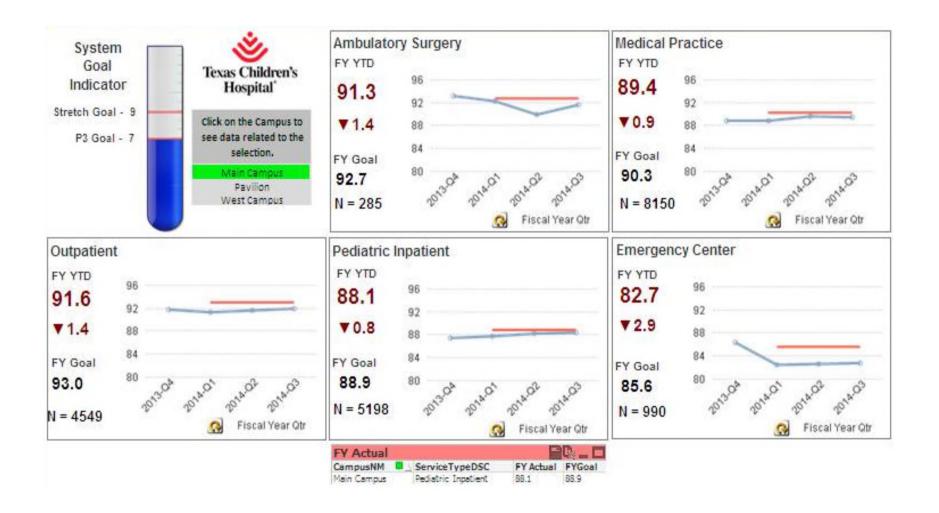


Interpreting Run Charts: Trend





Run Chart Drawbacks

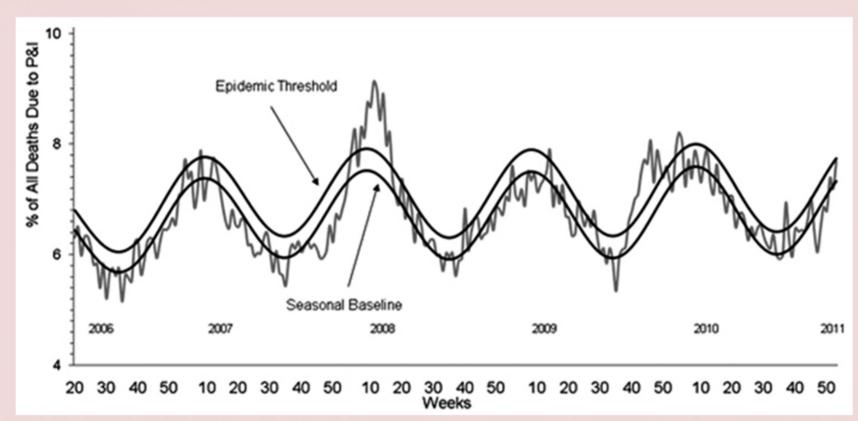




Run Chart Drawbacks

Pneumonia and Influenza Mortality

Week Ending 01/08/2011





Understanding Data



"Now stay calm . . . Let's hear what they said to Bill."



Basic Decision Making Tools

Control Chart



What is a Control Chart?

A statistical tool used to distinguish between process variation resulting from common causes and variation resulting from special causes.



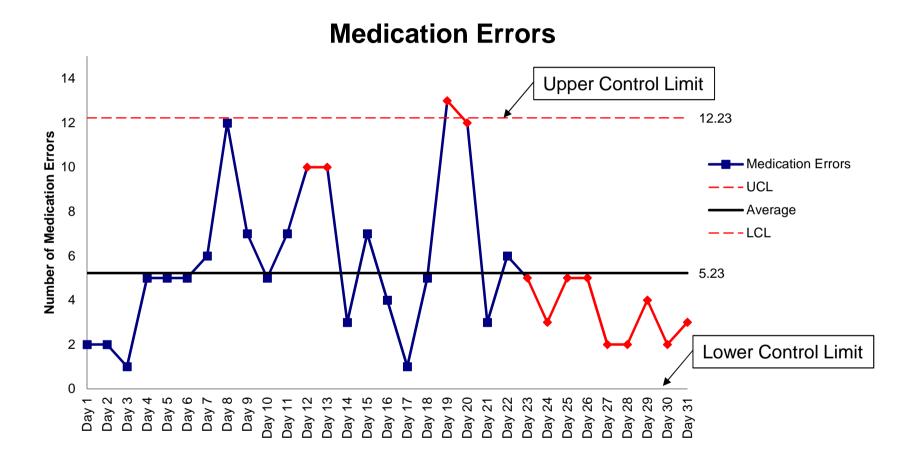
When people do not understand variation

- See trends where there are no trends
- •Blame and give credit to others for things over which they have little or no control
- Build barriers, decrease morale, and create an atmosphere of fear
- •Never be able to fully understand past performance, make predictions about the future and make significant improvements in processes



Control Chart

Elements of a Control Chart





Why use Control Charts?

- Monitor process variation over time
- Differentiate between special cause and common cause variation
- Assess effectiveness of changes
- Establish the basis for determining process capability
- Communicate process performance

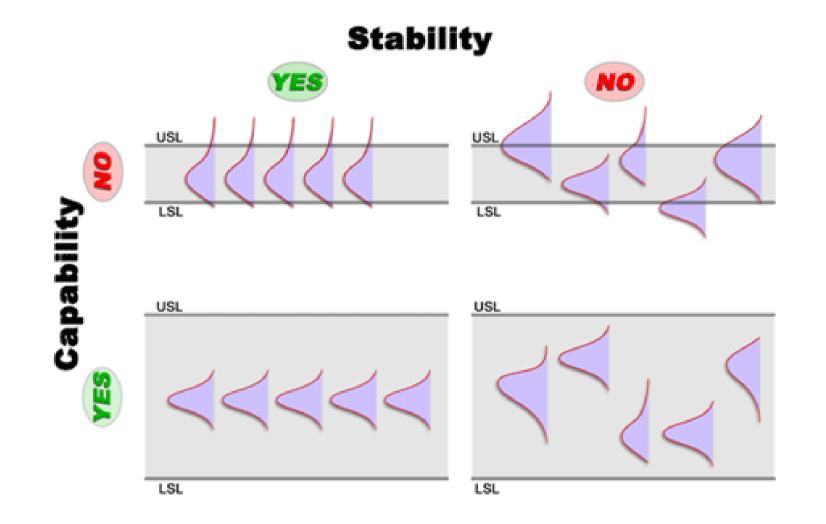


Why use Control Charts?

- Stability: A processes ability to produce predictable results consistently. Usually resulting in a relatively constant mean and variance.
- Capability: A processes ability to remain within the parameters or standards set forth by the customer.

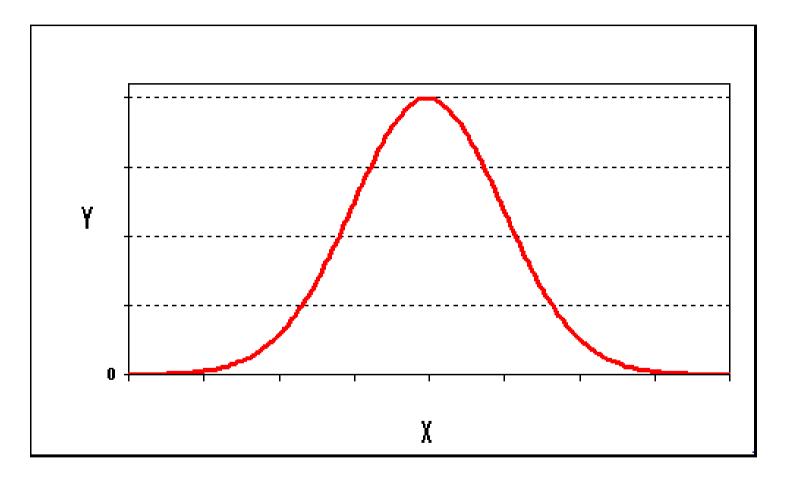


Why use Control Charts?



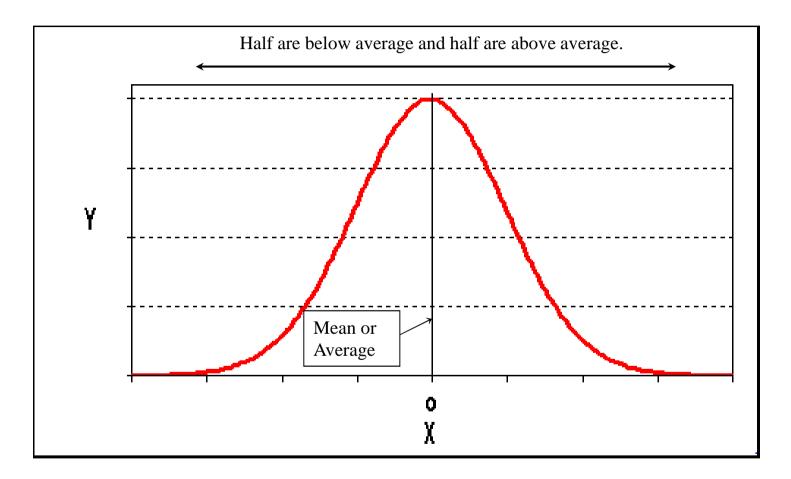


Standard Normal Distribution



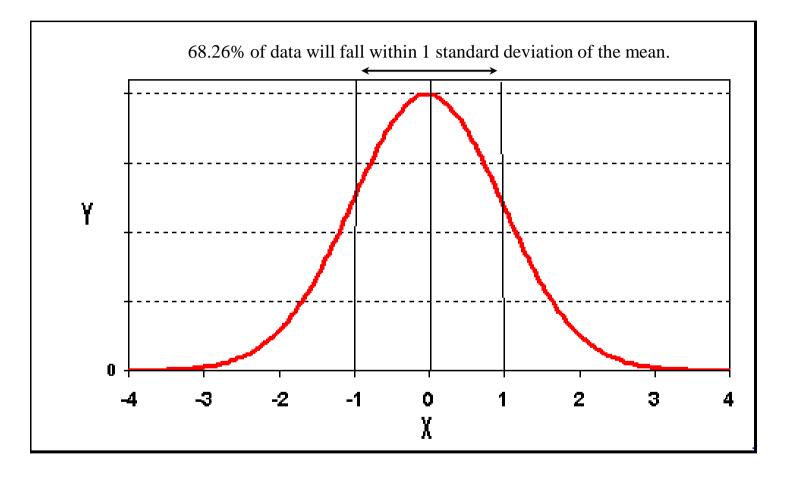


Mean or Average



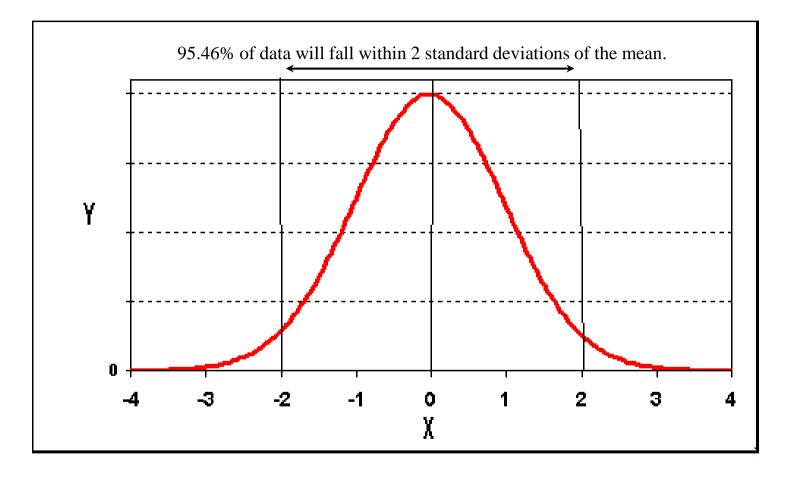


1 Standard Deviation



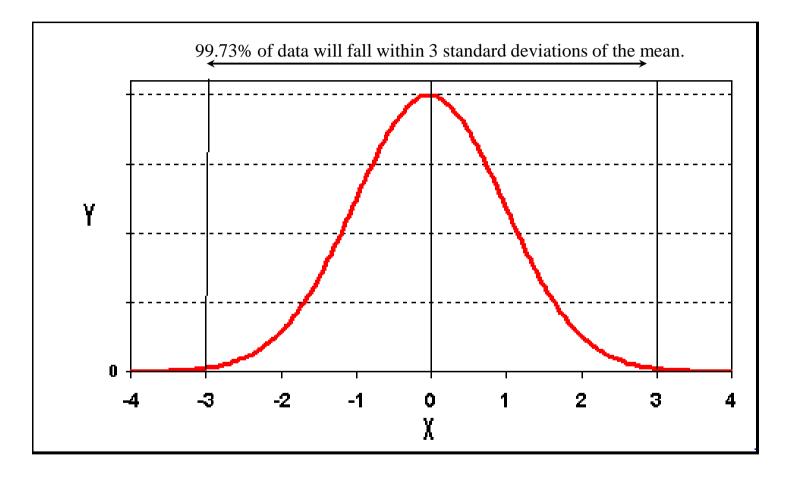


2 Standard Deviations



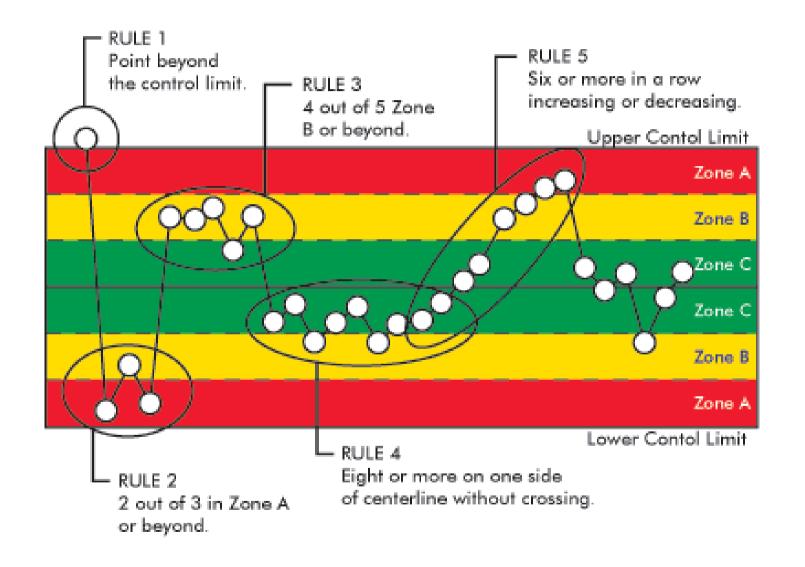


3 Standard Deviations



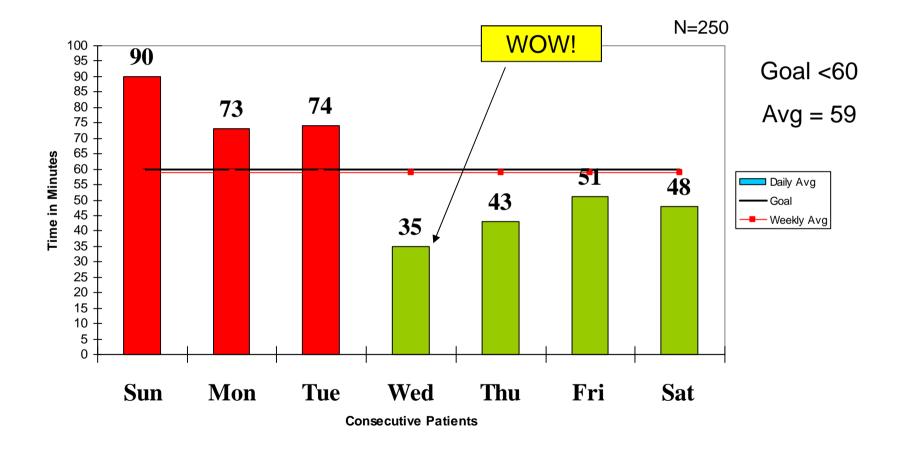


Tests for Special Causes



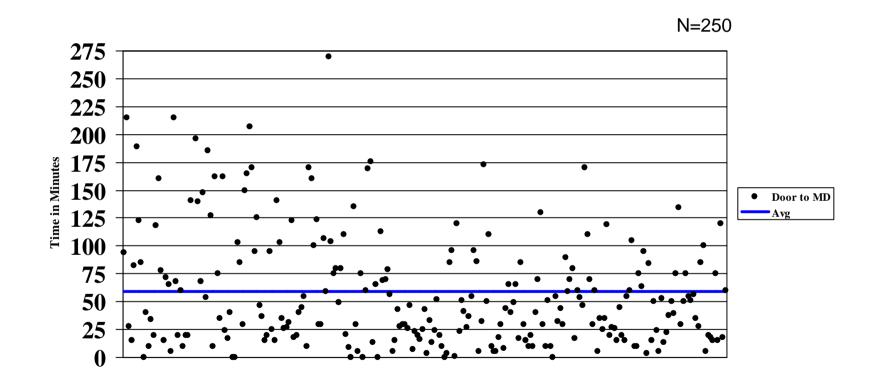


QMC ED Throughput Study Patient Arrival to MD Exam





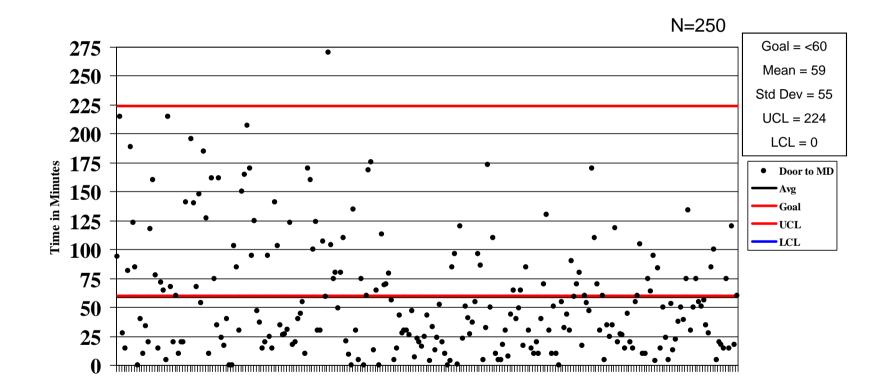
QMC ED Throughput Study Patient Arrival to MD Exam



Consecutive Patients



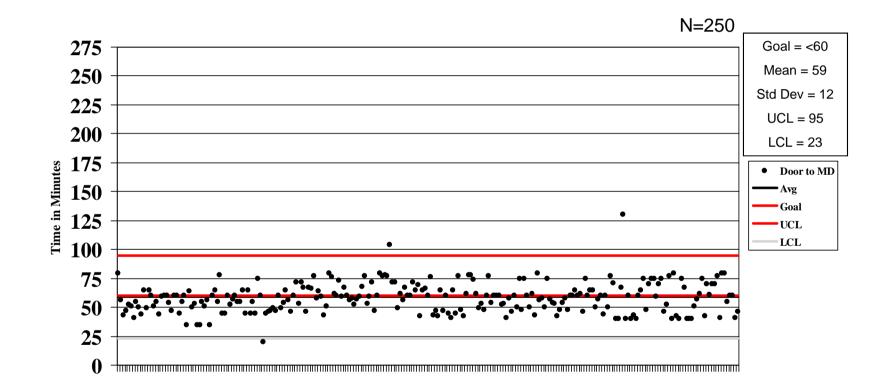
QMC ED Throughput Study Patient Arrival to MD Exam



Consecutive Patients



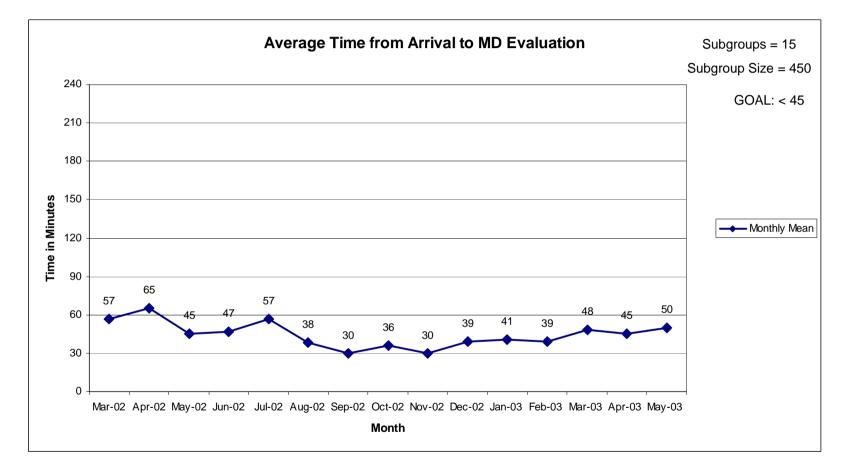
QMC ED Throughput Study Patient Arrival to MD Exam



Consecutive Patients

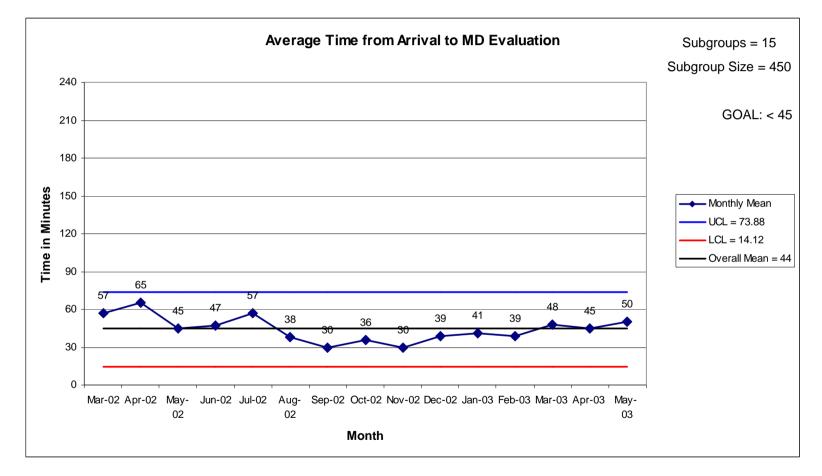


Control Chart Application (actual study)



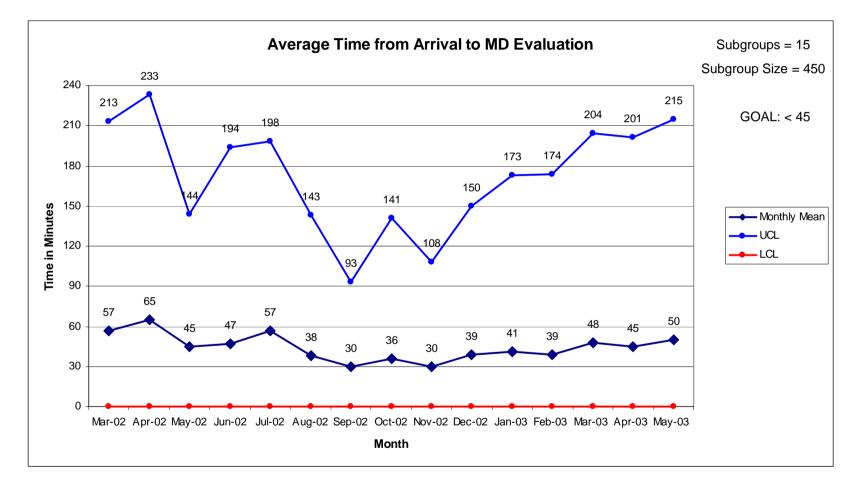


Control Chart Application (actual study)





Control Chart Application (actual study)





Where are Control Charts Used?

- In the beginning of a Quality Improvement Project during the Measure or Analyze Phase of a project to determine current process capability and benchmarking.
- In the middle during the Improve Phase of a project to determine effectiveness of an intervention.
- At the end in the Control Phase of a project to help sustain the gains.

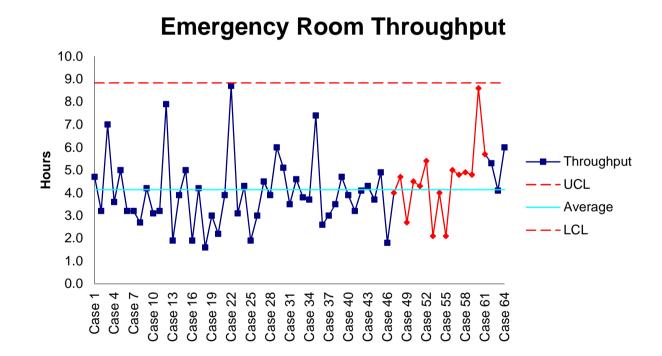


Data Display Tips

- Begin analyses with questions / hypotheses before 'digging' through data
- Plan data display with key stakeholders early in the process
- Limit the display to the points you need to make
- If possible, show benchmark data (internal / external)
- Publicize the results; post graphic displays in hallways and waiting rooms for staff / patients
- Compare outcomes to established targets / goals
- When appropriate, compare results grouped by demographics or other characteristics

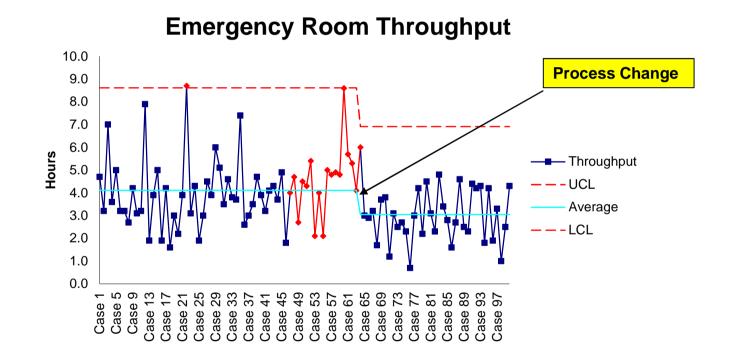


Baseline (Not in Control)



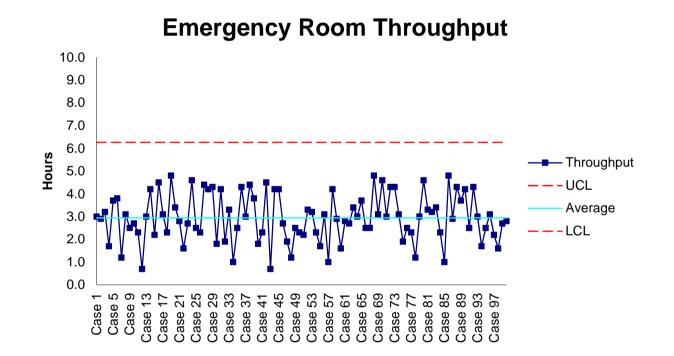


Improve (Making Progress)



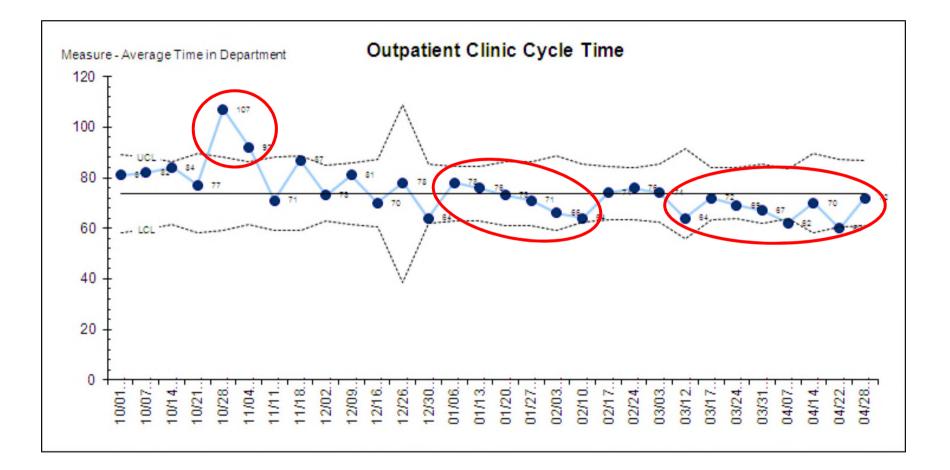


Control (In Control)





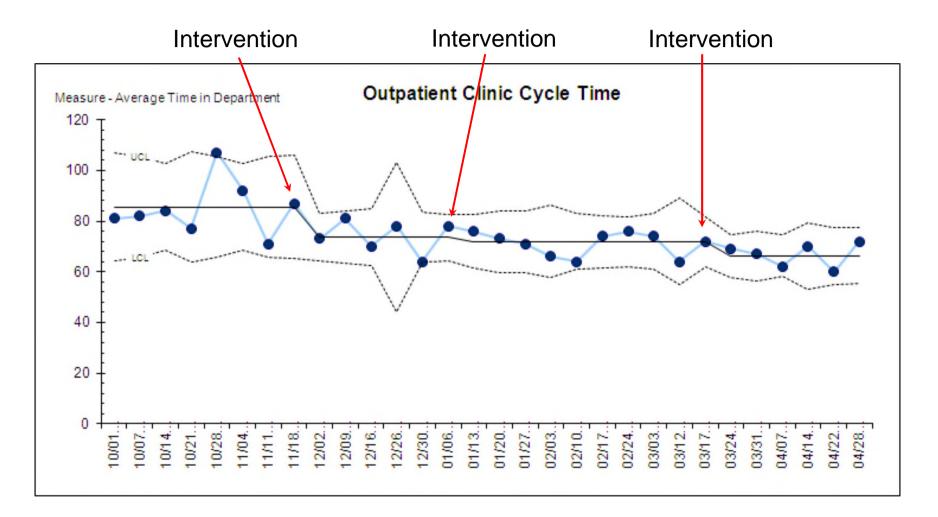
Identifying Process Changes



X-Bar Chart



Identifying Process Changes



X-Bar Chart



Control Charts

What Have People Used Control Charts For?

- Rates of infections, occurrences, falls, needle sticks
- Satisfaction rates
- HMO Enrollment, initial or repeat
- HMO Disenrollment
- Waiting times in reception
- Cost per member per month
- Time to treatment
- Cost per lab, cost per procedure
- Days between a "bad" occurrence (fall, infection, death, etc.)



Improve a common cause system by changing the process

- Identify and prioritize options to improve:
 Pareto charts will identify the "vital few"
- Use your "PI methodology" (i.e., PDCA, DMAIC)
- Identify the Key Process Variables (KPVs)
 - KPVs are those aspects of a process that have a major impact on the measure of interest.
 - Get moving! Don't wait for "perfect" plan.



How will you know your intervention is a success?

- A Special cause in the desired direction will signal that the old process is changed for the better.
- A Special cause in the wrong direction will indicate that your intervention was counterproductive.
- Continued common cause variation will indicate that your intervention did not help but did not hurt either.



Cycle for Learning and Improvement

Four Questions/Phases that Must be Addressed

1. What are we trying to accomplish?

a. Pareto Charts (what problem do we want to tackle)

2. How will we know that a change is an improvement? (all improvement comes from change, but not all change leads to improvement)

a. Run Charts

b. Control Charts



Cycle for Learning and Improvement

Four Questions/Phases that Must be Addressed

- 3. What changes can we make that will lead to improvement?
 - a. Pareto Charts
 - b. Run Charts
 - c. Histograms
 - d. Scatter Diagrams
 - e. Control Charts
- 4. P.D.S.A.
 - a. Run Charts
 - b. Control Charts

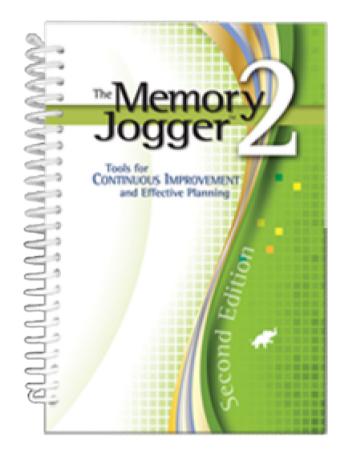


Summary

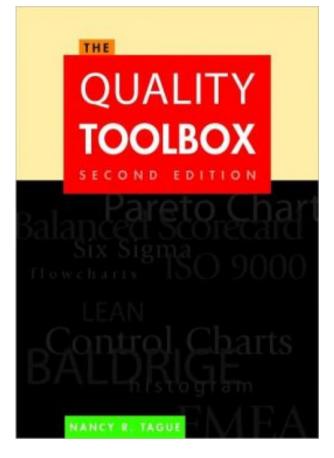
- 1. Explain the purpose and uses of various quality data displays
- 2. Interpret basic data quality charts
- 3. Describe measures of central tendency and other terms commonly used in the interpretation and communication of quality data
- 4. Understand common misconceptions and limitations that arise from reporting "averages".
- 5. Understand the concepts Special Cause and Common Cause when interpreting data.
- 6. Identify tests used to determine special causes.
- 7. Interpret basic Run charts and Control Charts.
- 8. Explain the use of data throughout the PDSA process as described in select AQI projects



Resources



The Memory Jogger 2 - Goal QPC



The Quality Toolbox - Nancy Tague



References

- Tague, N.R. (2005). The Quality Toolbox (2nd ed.). Milwaukee, WI: American Society for Quality, Quality Press. ISBN: 978-0-87389-639-4
- Brassard, M. and Ritter, D. (2010). The Memory Jogger 2: Tools for Continuous Improvement and Effective Planning (2nd ed.). Salem, NH: GOAL/QPC. ISBN: 978-1-57681-113-9
- Huff, D. (1993). How to Lie With Statistics. New York: W.W. Norton & Company ISBN: 978-0-393-31072-6
- Total Quality Leadership Methods of Managing Quality Instructor Guide (1995). U.S. Navy
- Total Quality Leadership Systems Approach to Performance Improvement Instructor Guide (1995). U.S. Navy



Using Tools for Quality Improvement

Michael D. Chance MSM, MBA, MSQM, CPHQ, CQIA, CQPA, CSSGB Quality Improvement Specialist Phone: 832-824-1308 Email: mdchance@texaschildrens.org

