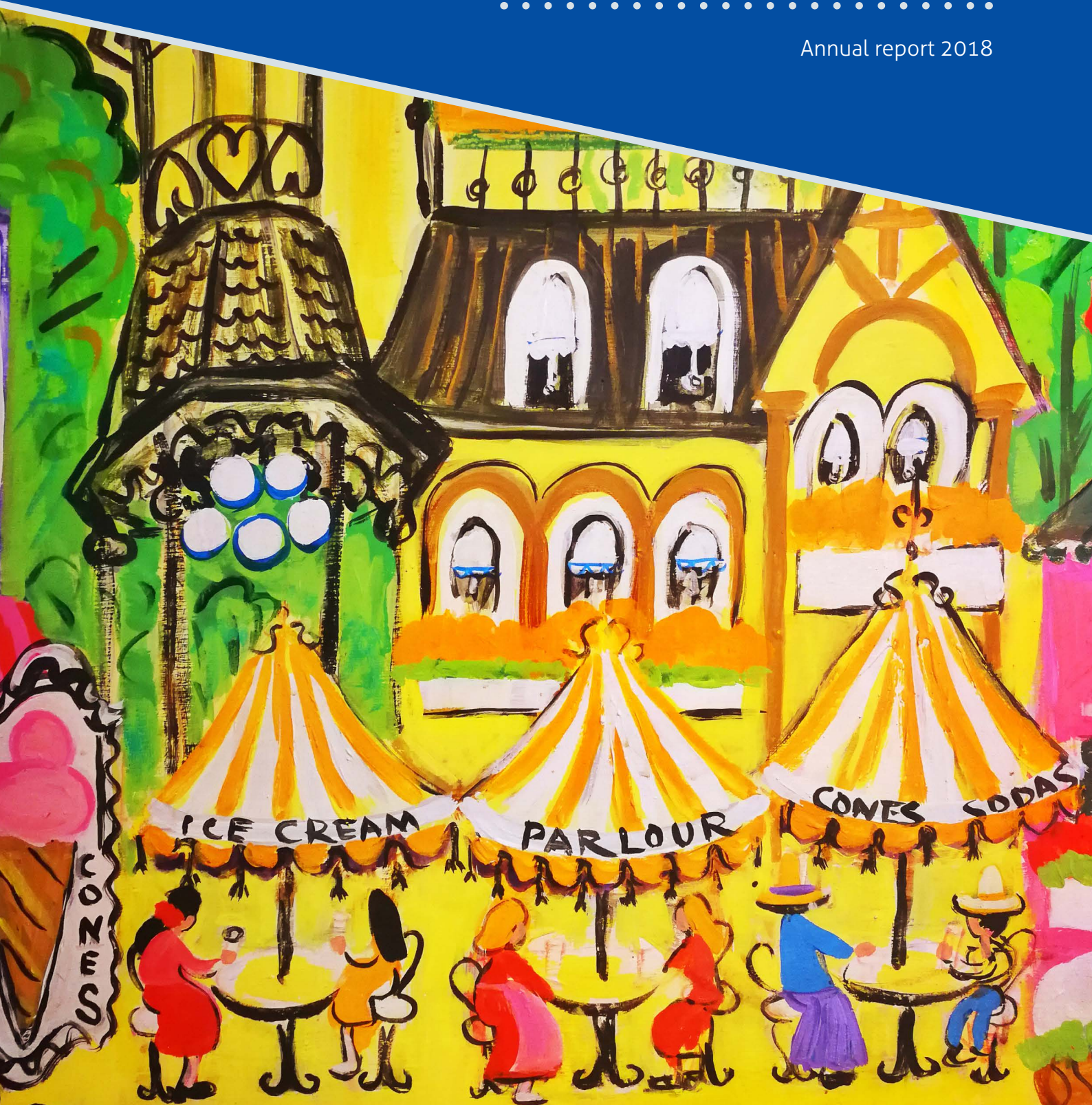


Baylor Black Sea Foundation

Annual report 2018



Every one is happy!

" Fundația Baylor
activează în domeniul prevenirii,
tratării și îngrijirii bolilor infecțioase și cronice.

Ne desfășurăm activitatea
la Centrul de Excelență Clinică
și în cadrul centrelor de consiliere
și testare rapidă.

Ajutăm spitalele publice din România
prin donații de medicamente
și oferim personalului sanitar cursuri
specializate de educație medicală continuă.

Lucrăm după standardele
Baylor College of Medicine și
Texas Children's Hospital,
în strâns parteneriat
cu Spitalul Clinic de Boli Infecțioase Constanța. "



Summary

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Constanța:

The Baylor Clinical Center of Excellence, 10 Prelungirea Liliacului St.
The HIV and Viral Hepatitis B and C Voluntary Testing Center, Clinical Hospital, office 243, 143 Tomis avenue

Tulcea:

The HIV and Viral Hepatitis B and C Voluntary Testing Center, County Hospital, Communicable Disease Department, 32 1848 St.

Board of Directors: Mark Kline,
Michael Mizwa, Tiberiu Csaki,
Simona Ruță, Rodica Mătușa
Executive Director: Ana-Maria Schweitzer



The Baylor Black Sea Foundation has been recognized the public utility status by the Romanian Government

The Baylor Black Sea Foundation carries out, according to its statutory provisions, activities of public interest within the sphere of competence of the Ministry of Health.

By adopting the Decision 720/2018, the Romanian Government acknowledges the fact that Baylor distinguishes itself through the services the Foundation provides for the community. The

public utility status, in the meaning given in the Government Enactment 26/2000, aims at achieving beneficial goals in areas of interest of the general public and/or serving the community interest. The public utility status is a prerequisite for the Baylor Black Sea Foundation to persevere in carrying out the programmed actions at a superior level.

VISION

Baylor Romania's vision is to live in a non-discriminatory community, capable of stopping the communicable and chronic diseases.

MISSION

Baylor Romania's mission is to help the community develop effective services for the prevention and care of infectious and chronic diseases.

Currently, Baylor Black Sea Foundation's status is that of a public utility organization. Baylor provides prevention, treatment and care for people affected by infectious and chronic diseases, namely viral hepatitis, HIV infection and diabetes.

WHERE WE WORK

Baylor provides complex services at the Clinical Center of Excellence in Constanța and operates three counseling and testing centers in the Dobrogea region, as well as a mobile voluntary testing laboratory. Over the years, Baylor provided free of charge testing and counselling for more than 75,000 people, long term medical and psycho-social care for over 3800 patients with HIV and hepatitis and supported the healthcare system with donations of medicines as well as professional training courses for specialists.

OUR HISTORY

The Center for HIV Clinical Excellence or the Romanian-American Children's Center was founded on the 6th of April 2001, and the Baylor Black Sea Foundation was legally established in 2004. The Clinical Center of Excellence was created by Dr. Mark Kline to help the HIV-infected children he met during his first visit in Romania, in the late 90s. At the time of its establishment, the center was the largest pediatric clinic in Europe to provide care and treatment for HIV infected children.

BAYLOR INTERNATIONAL PEDIATRIC AIDS INITIATIVE (BIPAI)

Baylor Romania is part of a network of centers headquartered in Houston, Texas, at the Baylor College of Medicine and the Texas Pediatric Hospital. The network includes 14 countries in Africa, North America, South America and Eastern Europe. BIPAI's mission is to provide ethical, high quality services strongly impacting in the areas of HIV/AIDS, tuberculosis, malaria, malnutrition and other diseases that affect the health and well-being of children and families around the world. BIPAI conducts projects in 14 countries, providing family-centered medical care, pediatric treatment and specializations for medical and research professionals.



THE HEADQUARTERS: HOUSTON, TEXAS, UNITED STATES OF AMERICA

CENTERS OF EXCELLENCE

- Gaborone, Botswana
- Maseru, Lesotho
- Lilongwe, Malawi
- Constanta, Romania
- Mbabane, Swaziland
- Mbeya, Tanzania
- Mwanza, Tanzania
- Kampala, Uganda

SATELLITE EXCELLENCE CENTERS

- Botha-Bothe, Lesotho
- Leribe, Lesotho
- Mohale's Hoek, Lesotho
- Mokhotlong, Lesotho
- Q'acha's Nek, Lesotho
- Hlatikulu, Swaziland
- Manzini, Swaziland

GLOBAL HEALTH PROJECTS

- Angola
- Colombia
- Liberia
- Morocco
- Papua New Guinea
- Argentina

Reflections on being brave

"Bravery has many forms of manifestation. Brave is the one who risks his life to save another's; brave is the one who defies the forces of nature to accomplish a project... and brave is the one who uses all his knowledge and resources to lessen human suffering. An American doctor who, in the nineties, could not turn his back to the suffering AIDS has caused in Constanța, stands as an example of bravery: Mark Kline set in motion a real domino of events and resources that allowed the establishment of the Clinical Center of Excellence, a unique medical and psychological services provider in Romania, specializing in offering care to people affected by chronic diseases in Dobrogea, as well as in offering training of thousands of medical staff in the field of infectious diseases. Twenty years later, the Government of Romania recognizes the public utility status of the Baylor Black Sea Foundation. We've come a long way from the initiative of the American doctor to the level at which Baylor operates today. Hundreds of millions of dollars have been invested unconditionally in the health of the Romanian community, by partners who live more than ten thousand kilometers away. Along with the funding, the US partners have taught us to work ethically and to focus on the quality of the care we provide. Even more, they have shown us that humanity matters more than nationality. We believe that the recognition of Baylor's social investment in the health of our community is a gesture of normality and good faith. We are also aware of the responsibility we have towards our patients and our partners and we are committed to continuing Dr. Mark Kline's mission."

Ana-Maria Schweitzer,
Executive Director of the Baylor Black Sea Foundation

Dr. Mark W. Kline, photo credit: Smiley Pool



"Taking the treatment is life saving, but also quite a burden. Our role is to help patients improve their skills and plan ahead for any challenges"

Gabriela Bâzăitu, psychologist

Relax

17 years of activity at the Baylor Clinical Center of Excellence

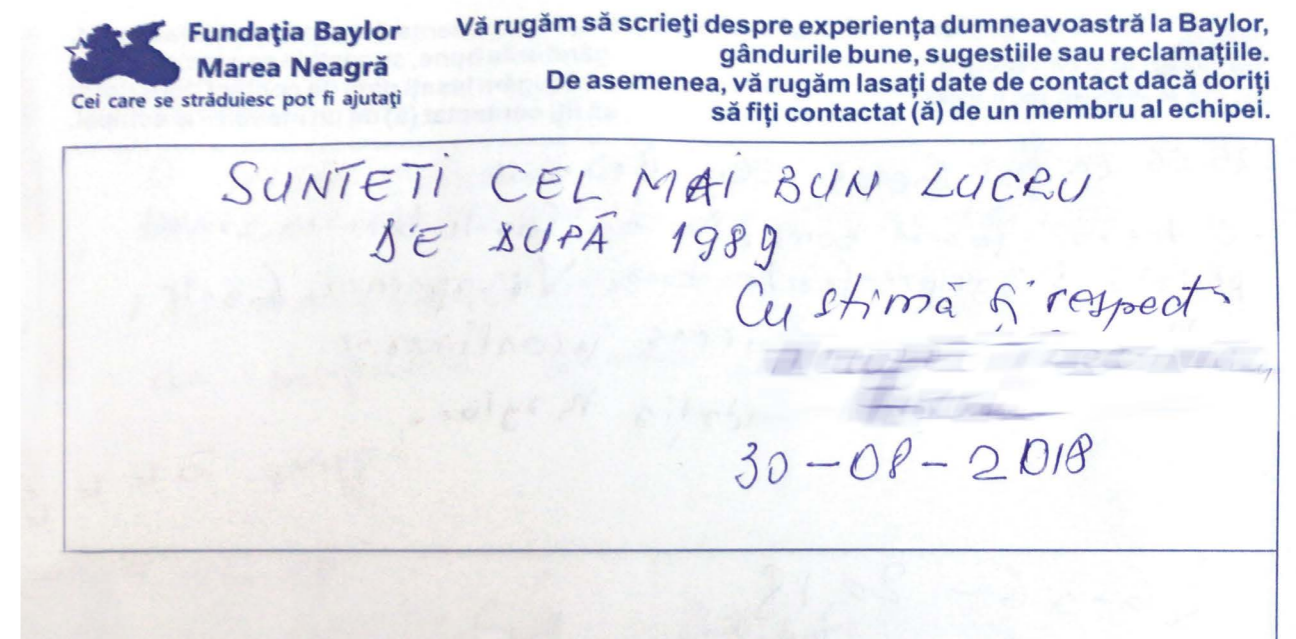
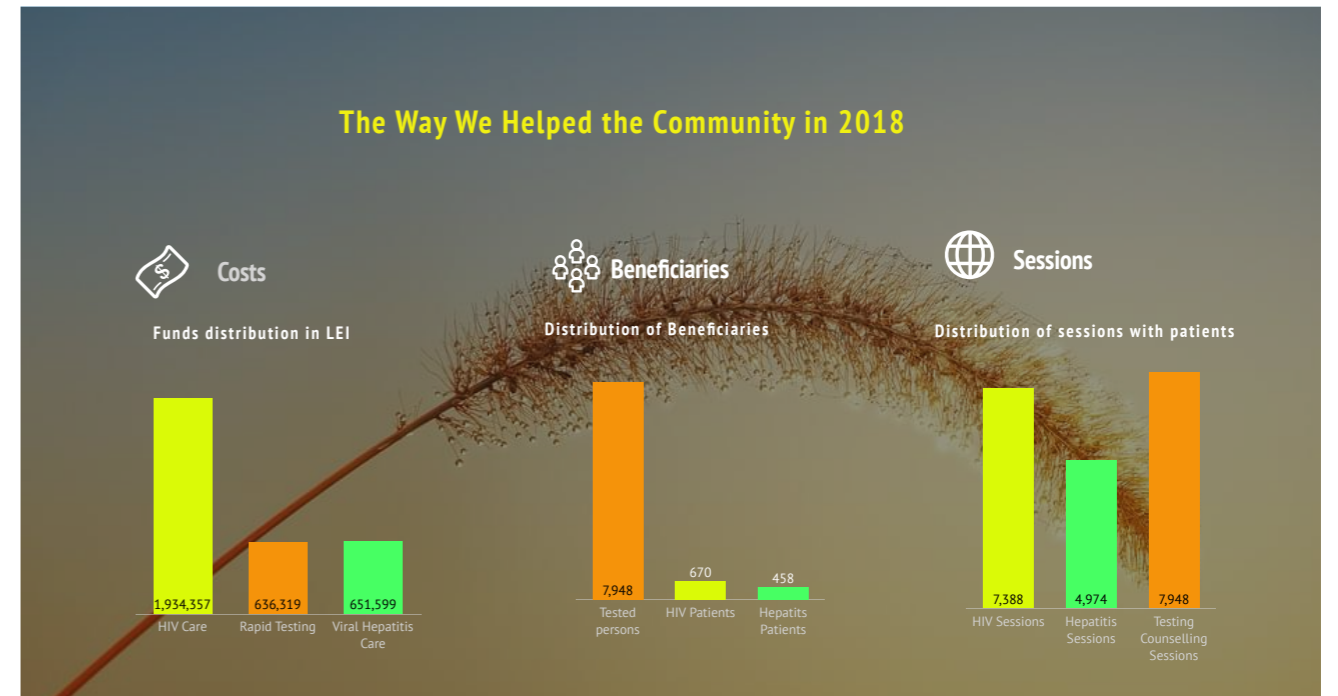
Since 2001, the Baylor Clinical Center of Excellence has developed to answer the needs of its beneficiaries, has reached maturity with them and offers increasingly diverse services to the community and to the HIV or hepatitis B and C infected persons.

During the passing 17 years of activity, the Baylor Romania team has helped transform HIV infection from a death sentence into a chronic illness diagnosis, with patients hoping to live a normal life beside their families.

Baylor's teamwork has proven its effectiveness into the life of our community, and the free of charge services we provide to HIV, HVB and HVC infected people have become known across the country, being highly regarded by our foreign partners.



"From our patients I learned to have courage."
Negivan Septar, chief nurse, Baylor Foundation,
photo credit: Smiley Pool



"You're the best thing happening after 1989" writes one of Baylor's voluntary testing program

*1989 = the year when the totalitarian regime ended in Romania

Complex care for people living with HIV

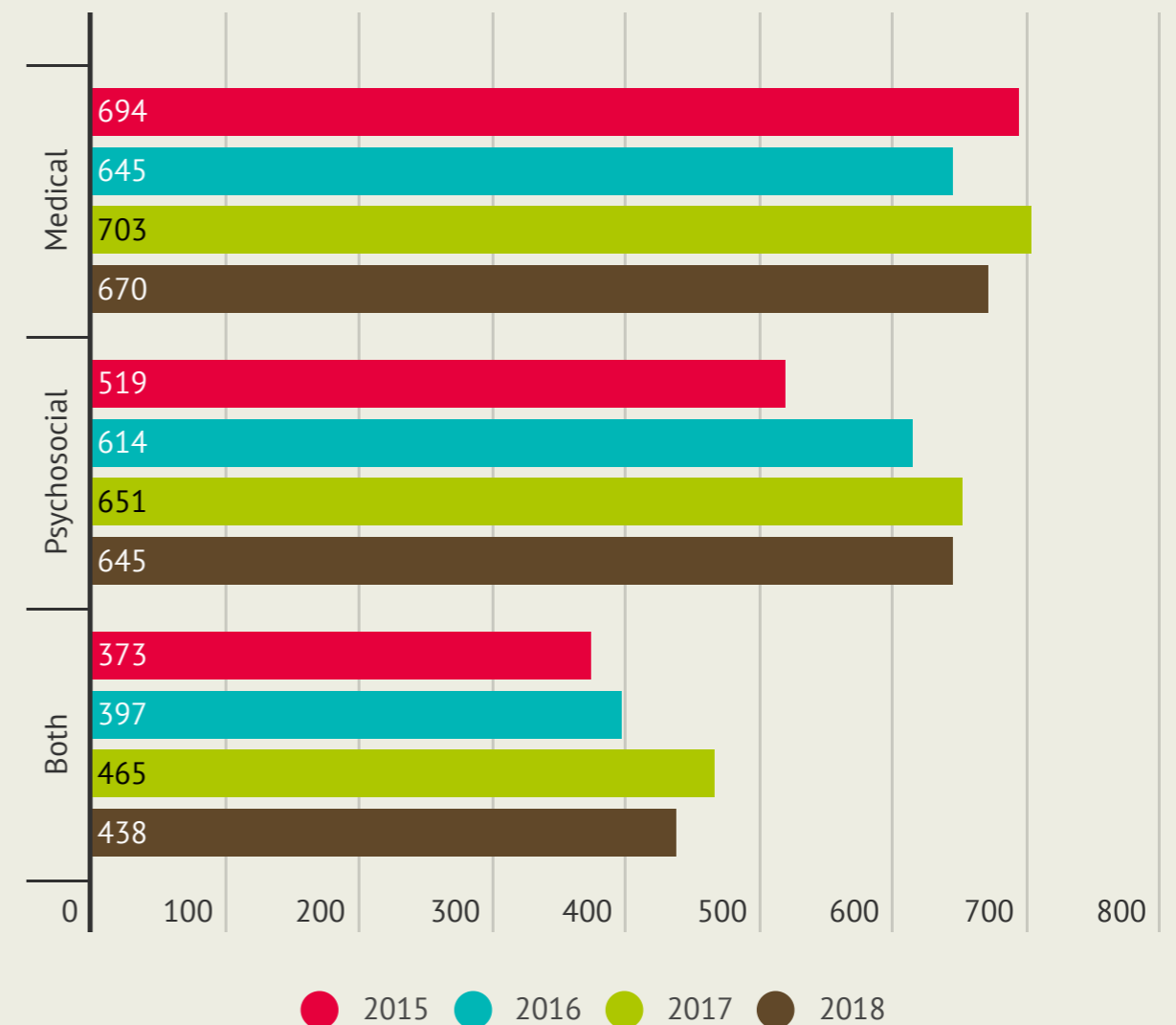
Baylor Clinic has been providing care for the HIV-infected patients and their families for over 17 years. The beneficiaries receive the following range of services:

- Social assistance,
- Psychological care,
- Education for risk mitigation,
- Medical services.

The beneficiaries of Baylor's services get free of charge multidisciplinary medical care in the following areas: dentistry, dermatology, pneumology, primary cardiology, and family planning, obstetrics and gynecology.

Properly administered antiretroviral therapy (ARV) increases the life expectancy of the HIV patients, equaling that of a healthy person!

The number of HIV Patients requesting Baylor services over the last 4 years

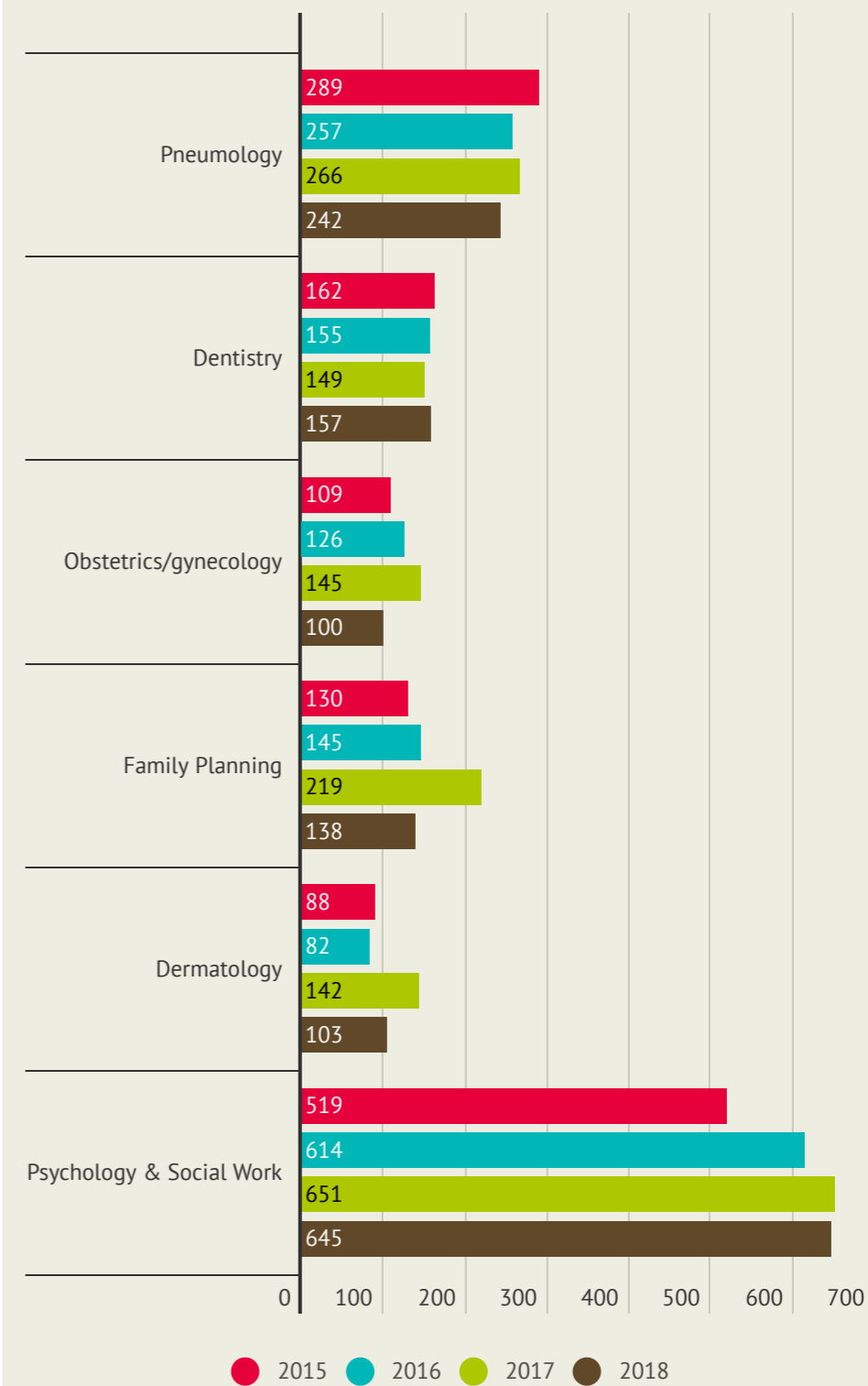




„The dental problems of the HIV patients are unexpectedly complex and many times the quality of their lives is affected seriously by their oral complications. I find so many medical challenges in my work here at Baylor and so much satisfaction that I can contribute to improving their lives. My work here is all about compassion.“

Dr. Sasu, Baylor dentist
Photo credit Smiley Pool

HIV Patients Benefiting the Services at the Baylor Center



8

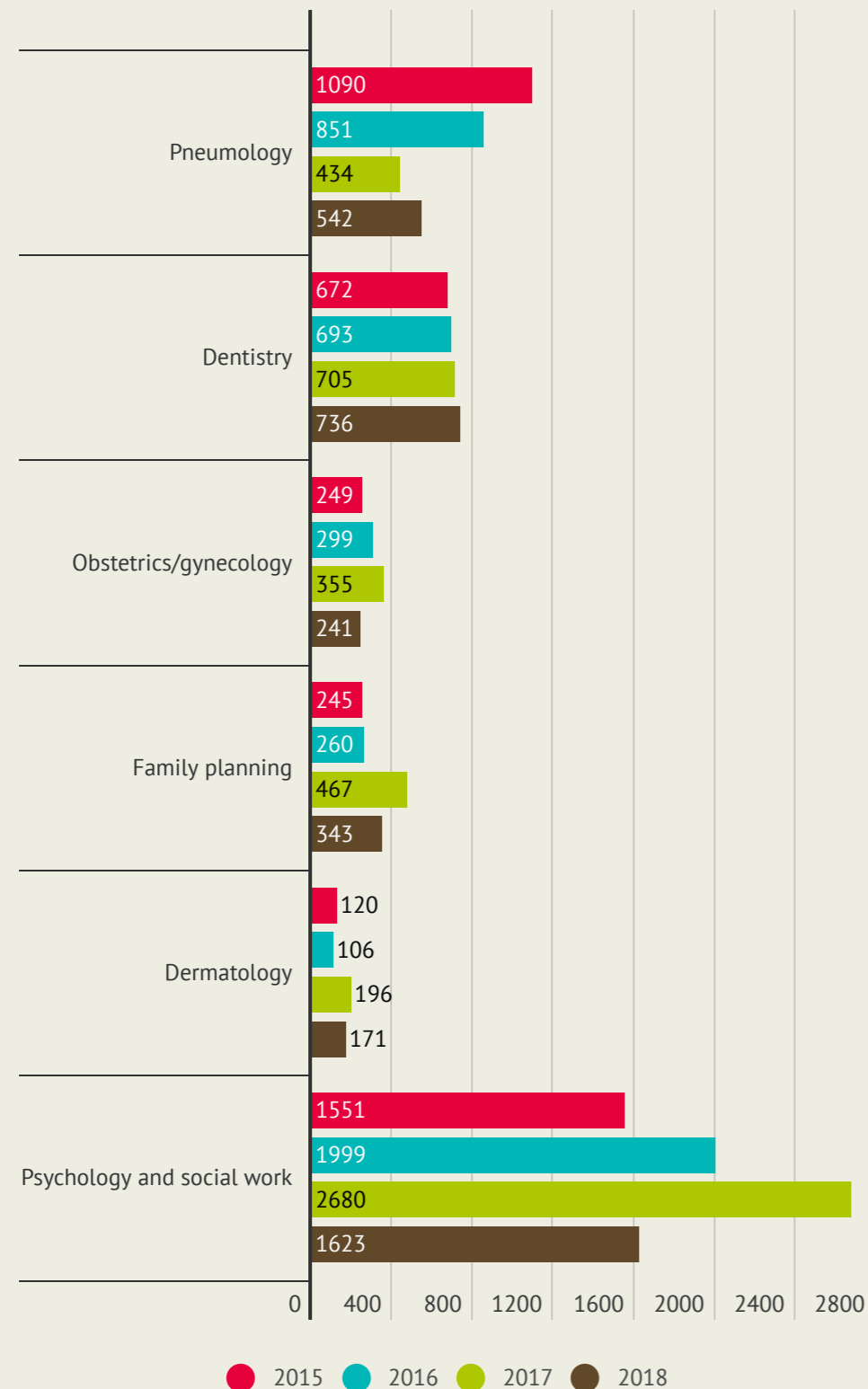


7

„In 2017 we finished constructing an additional level at the clinic. This expansion is proof of how our services have diversified in time. We have also completely modernized the clinic, so that our patients would feel treated with respect when they come in to receive services.“

Ana-Maria Schweitzer, executive director
Photo credit Smiley Pool

Sessions for the beneficiaries living with HIV

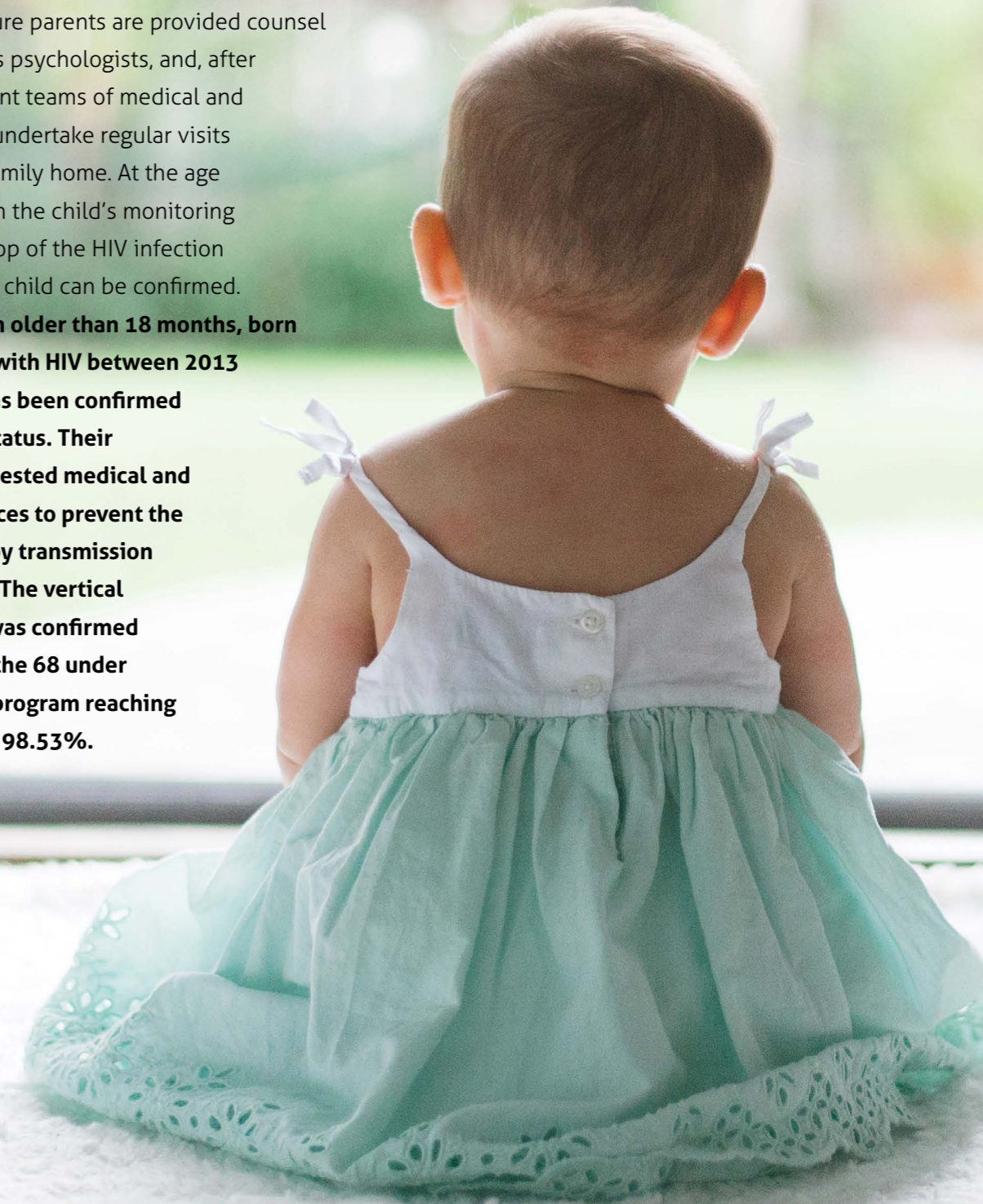


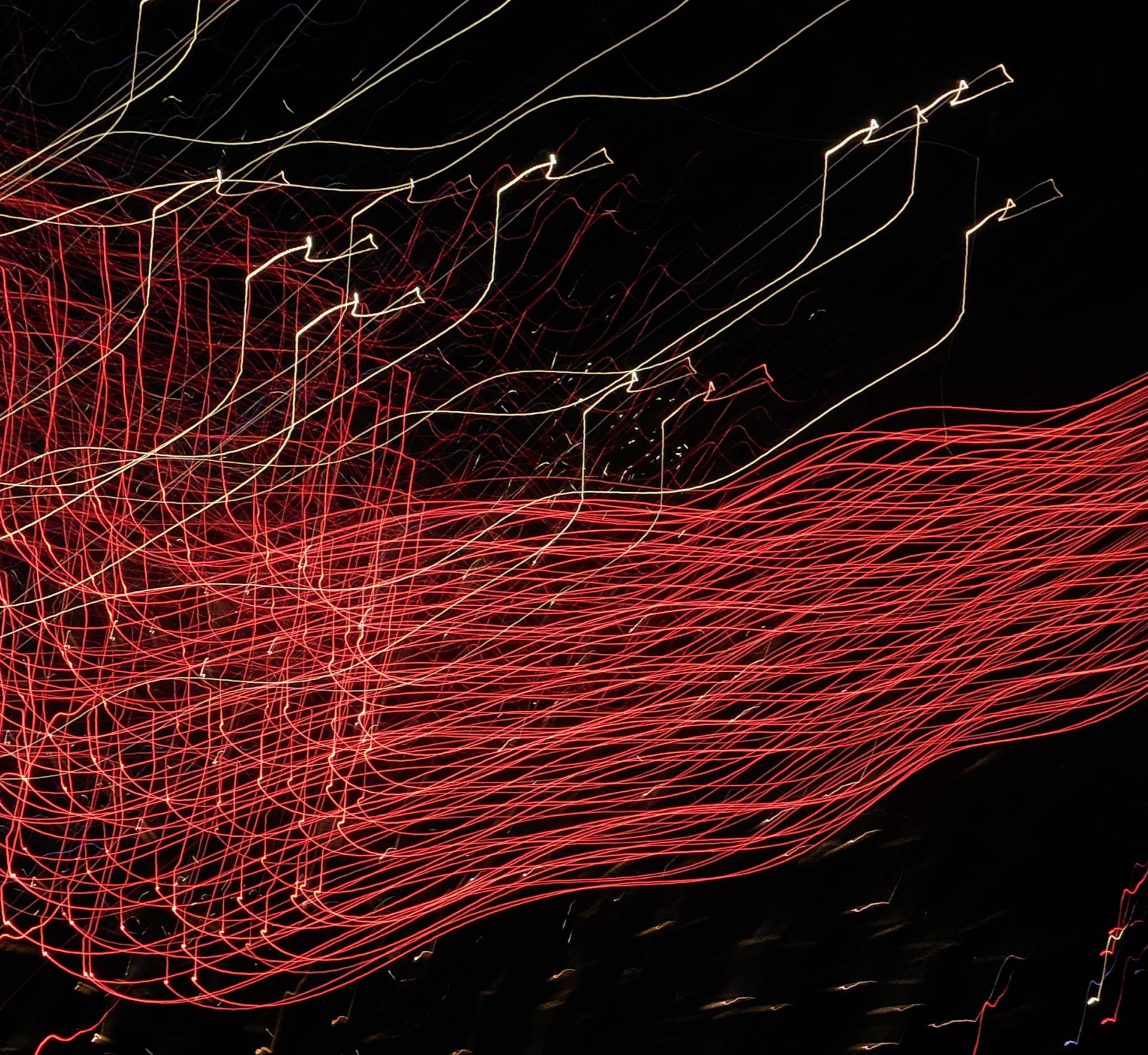
Desired children, planned pregnancies

Maintaining a good sexual and reproductive health state is important for people infected with HIV and their partners.

Prevention of Mother to child transmission service has been operating at Baylor since 2004. The medical staff at the Baylor Black Sea Family Planning Service offers both contraceptive and safe conception services. The key for the birth of an HIV-negative child stays in ensuring the mother's health. The evolution of the pregnancy is watched over by the gynecologist of the Baylor Clinical Center of Excellence, the future parents are provided counsel by the Foundation's psychologists, and, after the child's birth, joint teams of medical and psychosocial staff undertake regular visits to the newborn's family home. At the age of 18 months, when the child's monitoring period ends, the stop of the HIV infection transmission to the child can be confirmed.

For 67 children older than 18 months, born by mothers living with HIV between 2013 and 2018, there has been confirmed the HIV negative status. Their mothers have requested medical and psychosocial services to prevent the HIV mother-to-baby transmission during pregnancy. The vertical HIV transmission was confirmed in one case out of the 68 under Baylor's care, the program reaching the success rate of 98.53%.





Medical analysis to control the HIV infection

For someone living with HIV there are a few words have with special meaning: treatment, undetectable viral load, CD4.

In 2018, the Baylor Foundation has facilitated for 165 people the access to medical analysis to check the viral load. Within the project, HIV-infected patients registered in the evidence of the Constanta Clinical Hospital for Infectious Diseases who receive free of charge Baylor's long term care and who haven't been tested the past 12 months for the viral

load, were offered the opportunity to get tested, being thus allowed to assess their health status by properly monitoring the HIV infection and get a the real picture of their health-status.

Following the HIV treatment gives a person living with HIV the chance to a normal life, and the viral load and CD4 level medical analysis help that person see if the effort to daily adhere to treatment has the desired results.

The mind, the emotional balance and the HIV infection

"The chronic disease is associated with a high level of uncertainty and highly impacts on any person. Patients are compelled to change their behavior, to face complex psychological and social challenges, to adopt a new lifestyle. Psychosocial services are a consistent help we offer to those who are in a position to cope with the challenge of living with HIV, with other serious viral infections such as hepatitis B and C, or with chronic diseases." Ștefania Mihale, director of medical programs

Baylor's psychologists assess, in each particular case, the person's need and capacity to make behavioral adjustments and to adhere to therapy - health education, preparation for treatment, counselling for therapy adherence.

During the interventions, beneficiaries are encouraged to recognize and change their thoughts, feelings and behaviors. They set up an agenda together with the Baylor's psychologists and the

social workers and get involved in the process of modifying the factors directly influencing their condition, and by doing so managing to gain control.

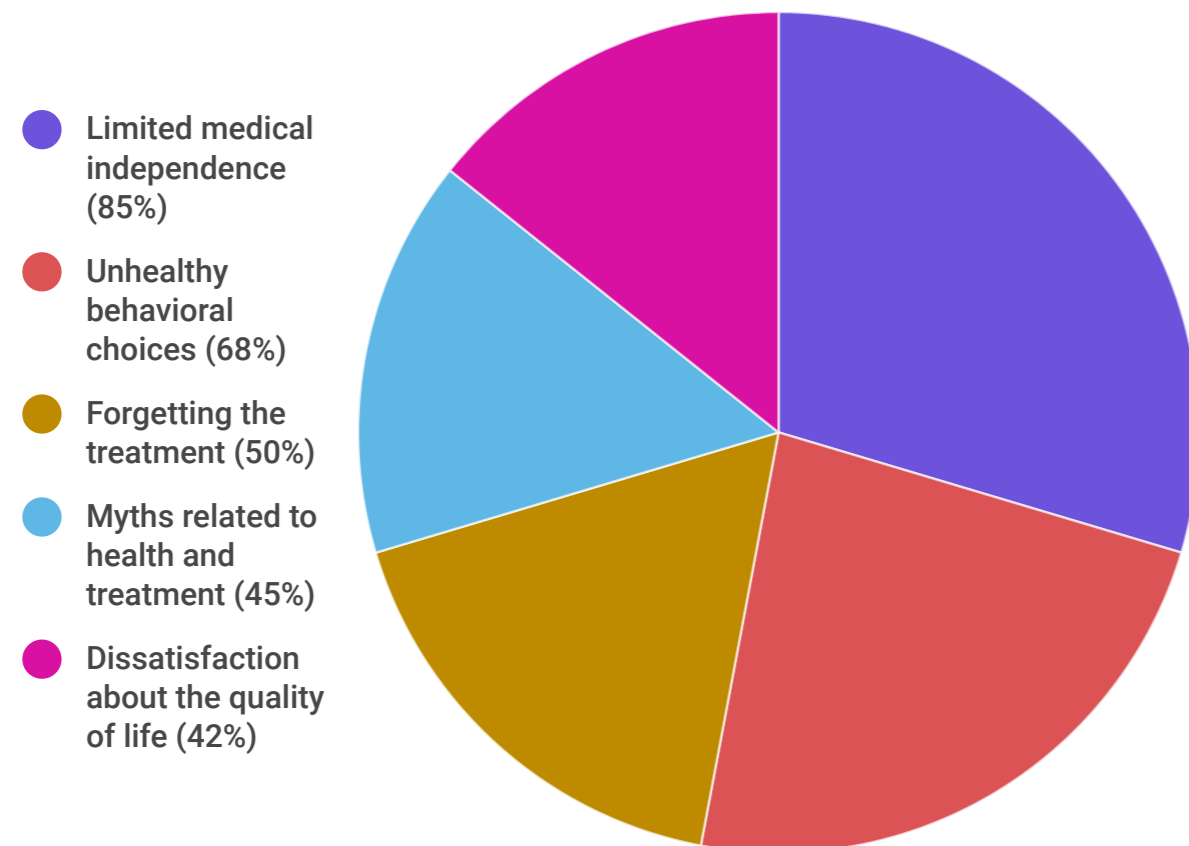
Among the objectives of the psychosocial team, there are:

- Decrease in the number of patients lost to follow-up,
- Decrease in the number of coinfections/ co-morbidities,
- Offer health literate messages,
- Prevention of complications,
- Self-monitoring and treatment management,
- Mitigation of the treatment induced stress,
- Learning of adaptive behaviors,
- Adherence to treatment,
- Facing and overcoming barriers and inequalities in the public health system,
- Providing information or education in regards of the rights one has.



The HIV Patients' Needs

Assessment performed during the long term care activities for a group of 504 persons



„As a psychologist, my role is to enable patients to make the best choices regarding their health and quality of life. Our team has developed various tools to help us in better communicating with our patients, such as a guide that help counsellors and patients to understand the complex issues of their disease management.”

Elena Rizea, psychologist
Photo credit Alexandra Androne

HIV made easily understandable for the patients

The Baylor Counselor's Guide is a collection of 25 charts and, shortly after its completion, has become one of the resources with the highest frequency of use.

The guide effectively maps the face-to-face counseling path: it communicates visually, its images illustrating key messages.

"This new tool helps us transmit structured information and leads to increased accountability in managing one's health issues. Understanding the disease and enhancing the ability to follow the prescribed treatment plan are essential!"

Alexandra Androne, clinical psychologist

The concept facilitates decomposing complex information into simple and memorable frames, to make it easily understandable and memorized. The new resource has been developed starting from the team's actual experiences, together with the changes in the evolution of the HIV epidemic and taking into consideration the need of the people living with HIV to understand their health.

The Baylor Counselor's Guide was developed in collaboration with the National AIDS Manual (NAM) in the UK, the content of the charts being adjusted to the socio-cultural realities in Romania. NAM (www.aidsmap.com) has provided people living with HIV concrete, clear and accurate information to help them manage their condition since 1987. The correct and reliable information allows people and communities affected by HIV to protect themselves as well as to protect others.


Fundația Baylor
Marea Neagră
Cei care se străduiesc pot fi ajutați
GHIDUL CONSILIERULUI



We tested 5.1% of the Dobrogea population for HIV, HBV and HCV

"The Baylor's team has assessed the subjective knowledge of people who have requested counseling and testing services within our Foundation's program. More than half of the beneficiaries reported a 72.63% increase of their level of knowledge regarding prevention, transmission and vaccination, as a direct consequence of being exposed to counseling. Although counseling for hepatitis testing is not mandatory under the Romanian law, this study encourages us to keep the counseling as a mandatory component in our program.

From the beginning of the Voluntary, Free-of-charge, and Confidential Testing Program, it had never stopped. This allows the testing team, all those involved in keeping the program alive by providing the necessary funding, feel satisfied. Another satisfaction reason is that people belonging to professional categories at risk are among the beneficiaries of the testing service. They regularly retest themselves at Baylor, thus confirming the strength of our partnership with the community." Mihaela Bogdan, project manager.

The free-of-charge, confidential and rapid counseling and testing program in 2018 in Dobrogea region



7948

Overall testing in 2018



8%

Testing on the field



53,72%

The increase of the HIV related knowledge level after the pretest counseling



72,63%

The increase of the hepatitis related knowledge level after the pretest counseling session

The voluntary, free-of-charge, rapid and confidential testing program for HIV, HVB and HVC

“The people residing in Dobrogea region are very interested in checking their health: 77% of the population included in the Baylor assessment requested to get tested on its own initiative, not by following health professionals’ advice.” – as the transversal evaluation Baylor has conducted for five years on a population of 36,000 people and published in the Balkan Medical Journal in March 2018.

The voluntary HIV testing program has been running uninterruptedly since 2007. In 2010, Baylor Black Sea Foundation has expanded its testing program for hepatitis B and C, the program having a positive impact in the life of our community.

The voluntary testing is performed in three testing centers, two in Constanța and one in Tulcea; a mobile testing laboratory allows the testing teams to move to remote locations to conduct free-of-charge hepatitis B, hepatitis C and HIV tests.

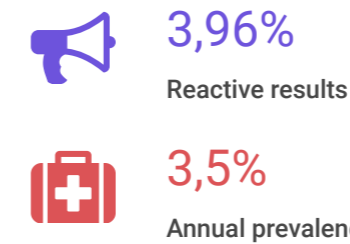
The Voluntary, Free-of-charge, Rapid and Confidential Testing Program for HIV, HVB and HVC conducted by Baylor gives the advantage that, after an appointment anyone can schedule online or by telephone, without asking for other documents or following certain procedures, there can be tested and diagnosed people who do not report or show any symptoms, this being the case of the vast majority of the persons carrying such viral infections.

Following the testing, people diagnosed with one of the three infections are provided further support, in order to obtain therapy.

Baylor’s experience shows that the largest proportion of chronic infections for hepatitis C ranges in the age group of over 40 years and for hepatitis B it ranges in the age group over 50 years. In regards of the HIV infection, the largest proportion of infections is reported for the age groups between 25 and 29 and between 30 and 39 years.

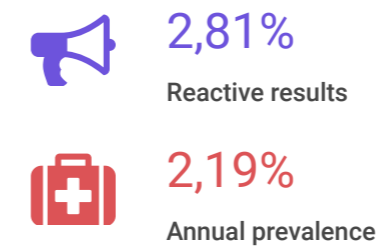
Results of the Hepatitis B Virus tests

Number of performed tests = 7948



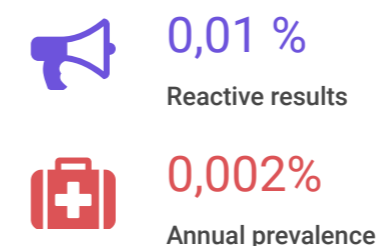
Results of the Hepatitis C Virus tests

Number of performed tests = 7948



Results of the HIV tests

Number of performed tests = 7948



Long-term care for people with viral hepatitis

The purpose of the Baylor Foundation's program for people with viral hepatitis is to improve the quality of life of people infected with hepatitis B and C viruses in Constanța and Tulcea counties.

The main activities the program unfolds:

- The assessment of each person who requests our services,
- Self-care skills development support,
- Public health system navigation support,
- Medical analysis not covered by the medical insurance,
- Information on the rights the people with chronic diseases hold.

Baylor directly provides services that are not offered by the medical system, and, indirectly, provides help to the patients to make the most of the services the medical system offers.

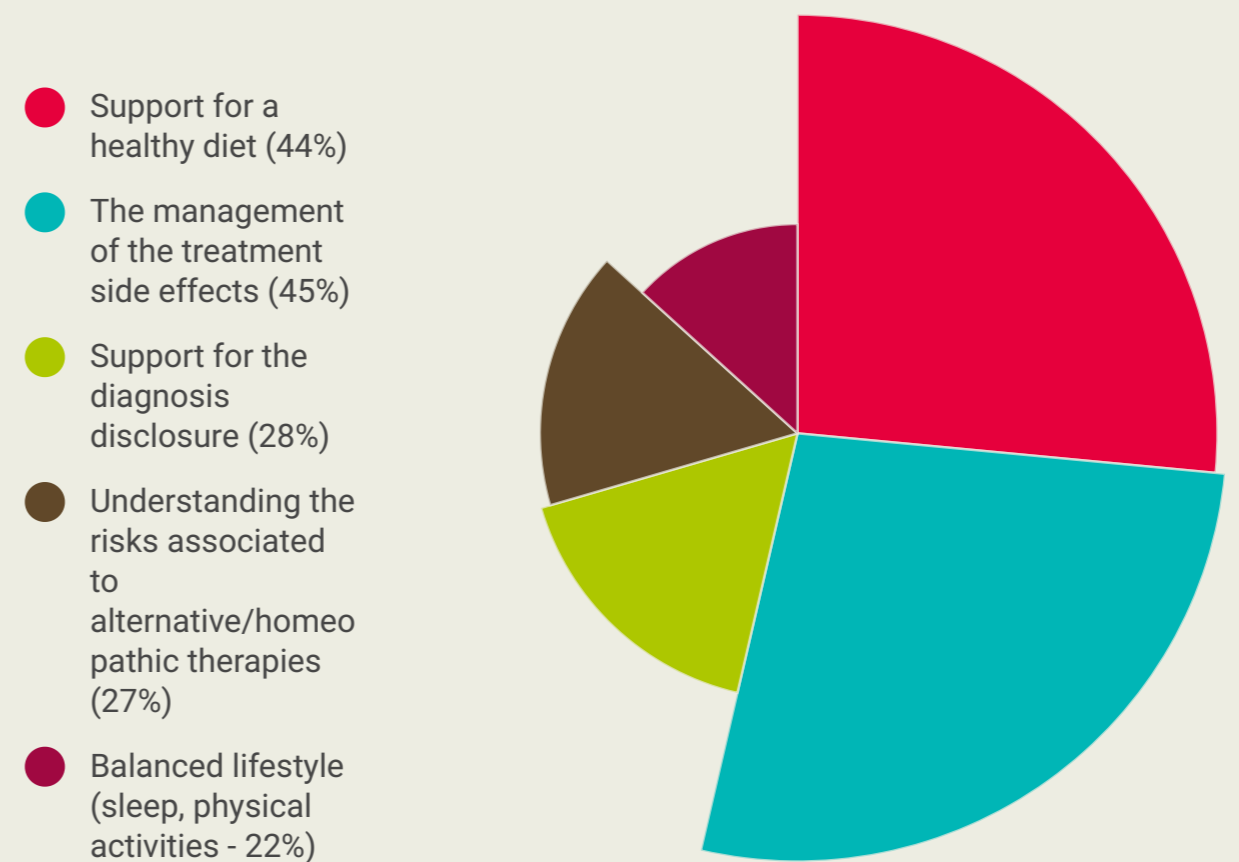
People who get diagnosed with viral hepatitis following voluntary testing in one of the Baylor Foundation testing centers are not left without the safety net. The same happens with many people receiving this unpleasant news following a test elsewhere and being advised by a doctor to contact Baylor when seeking for long-term care services.

At Baylor, all people seeking long term care for viral hepatitis, are provided lifestyle assessment to identify the psycho-emotional issues, possible contingent depression, which is often associated with the chronic disease diagnosis, and the navigational advisors help them find their way into the medical system, presenting them all the existing community services. With the help of the navigation services for the public health system, the patient has the opportunity to make an informed decision: to choose where he or she wants to go, choose his or her infectious physician or gastroenterologist, and find out what are the related disease monitoring costs.

The long-term care program for people with hepatitis also allows coverage of monitoring medical analysis costs for some of the patients with hepatitis B and hepatitis C. The cost of many analysis is quite high and can be prohibitive for some people.

The Viral Hepatitis Patients' Needs

Assessment performed during the long term care activities for a group of 340 persons



Regular and active online presence

We use the most popular platforms and networks to communicate. **Where to find us:**

| | | |
|------------|----------|----------|
| Website | Facebook | LinkedIn |
| Newsletter | YouTube | Twitter |

Our regular and active online presence helps Baylor Foundation be better known into the community, increase the public awareness of our programs, and build around organization a health-oriented community, interested in taking information from qualified sources.

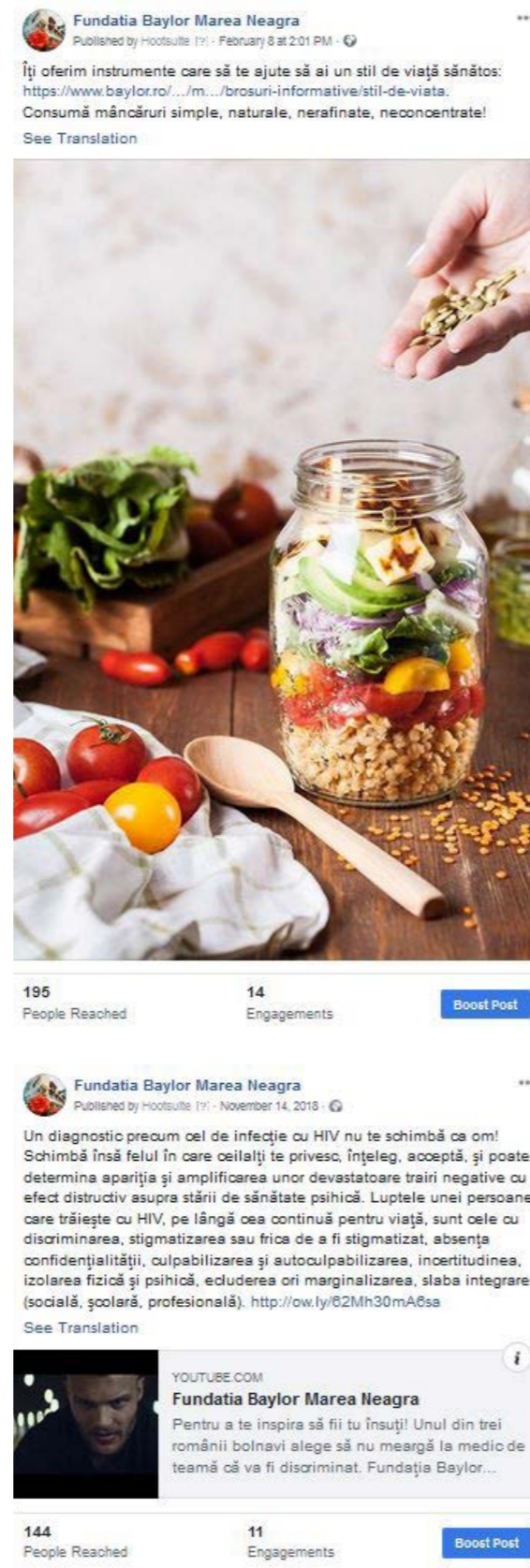
Facebook is the main social network we use: our messages reach this way all the various categories of beneficiaries: the public aimed by the medical and psychosocial services, the one aimed at by the informative and educational messages, and the one aimed by the promotional messages informing of the services community may access at the three testing centers and at Baylor Clinical Center of Excellence.

What we communicate:

We run permanent anti-discrimination and healthy lifestyle campaign, we promote the psychosocial and medical services as well as the voluntary, free-of-charge, rapid confidential testing for HIV and hepatitis B and C, we carry out prevention campaigns, fight persistent myths about infectious diseases, increase the risk awareness, and promote vaccination.

There are also a series of communication events, marking Baylor Foundation's or BIPAI's anniversaries, promoting continuing medical training opportunities, promoting health awareness events with global or European coverage such as World Hepatitis Day, European Testing Week, World Elderly People Day, World Mental Health Day, International Commemoration Day of AIDS victims, or promoting events of certain interest for Foundation's publics such as Dobrogea Day.

The content we promote is mainly information about infectious diseases on Baylor Foundation website, www.baylor.ro, Baylor publications or Baylor video.



We create a health-oriented community

We fulfill an important part of the Foundation's mission, namely, to prevent serious infections such as HIV and viral hepatitis by contributing to the formation of skills-set helping young people preserve their health.

"Actions we carried out during the European Testing Week are a continuation of the efforts to keep the dialogue opened and live with pupils and students in Constanta. Recognizing the risks and getting the right information about the benefits of the early detection of viral hepatitis or HIV are the prerequisites for fulfilling young people's dreams. They are at the age when they contemplate major projects. We help them to complete personal projects by being among them and answering all the questions they ask. The Baylor Foundation's support comes in the form of information, dialogue, voluntary and free-of-charge counseling and testing services. We will continue to work on expanding our partnership with representative student organizations, helping teachers in health-literacy activities when our skills and Foundation services best suit the themes and needs." Ana - Maria Schweitzer

During the European Testing Week – the spring edition, held between 18 and 25 of May, the

Baylor Black Sea Foundation reasserted its interest for public health issues and the support for the public health system. The Foundation's testing teams responded to the request of the Emergency County Clinical Hospital in Constanta, and tested approximately 600 doctors and nurses for HIV and viral hepatitis B and C.

Baylor Black Sea Foundation joined the HIV initiative in Europe and the European Week of Testing Working Group for the autumn edition of the European Testing Week, too. Physicians and psychologists of the Foundation met with students from two Constanța high schools, George Călinescu High School and Mircea cel Bătrân National College.

The European Testing Week Campaign

www.testingweek.eu



768

Persons tested during the campaign



260

High School students educated about testing



6

Meetings with adolescents

Baylor, provider of continuous medical education

The Baylor Black Sea Foundation organized 3 courses throughout the year in 2018, all of which being credited with Continuous Medical Education (CME) credits.

Courses for physicians:

"Particularities of the HIV-Infected Patient Approach in Current Medical Practice"

9 CME credits, 57 participants

"Pathological Pulmonary Changes Discovered by Standard Radiological Examination"

10 CME credits, 24 participants

Courses for nurses:

"Particularities of the HIV-Infected Patient Approach in Current Medical Practice"

9 CME credits, 20 participants



Professionalism as a life-style option

Baylor is an attractive employer for professionals; they learn from the beginning that training takes no break. We believe that personal development, cooperation and compassion are essential in adjusting to challenges and crises in life.

The ethical commitment, team skills and personal responsibility are of outmost importance! Aiming to systematically increase the quality of our service and to continue to provide patterns and methods of voluntary testing and long-term psychosocial and medical care for people suffering from infectious and chronic diseases, which could be widely replicated in our society, we act with care, constantly train ourselves and design long-term projects.

Professionalism as a life-style choice

The Baylor's team professional training program in figures



50

Baylor's team members taking part in the professional training program during 2018



4,6

Average attended courses per person



233

LEI, average training costs per person

Sponsors



We would like to thank to both persons and private businesses who donated 2% of the income tax, respectively 20% of the profit tax to Baylor Black Sea Foundation.

Donate today!

Baylor Black Sea Foundation

Fiscal code: 16810410

IBAN bank account: **RO34 UGBI 0000 0320 1470 2RON**

Garanti Bank Constanța

Garanti Bank clients can donate to Baylor Black Sea Foundation directly through their online account (Payments/NGO donations)

We're investing in community health

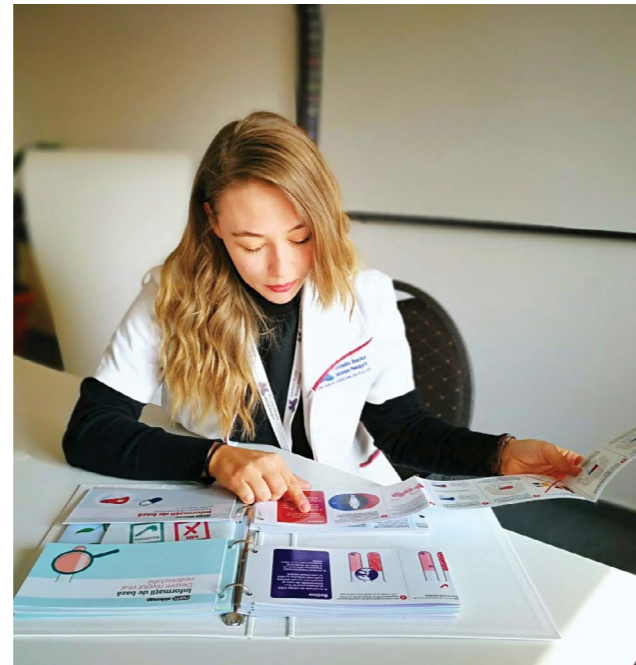
Financial Balance on December 31st 2018



Sponsors of Baylor's Programs in 2018



Days of our lives

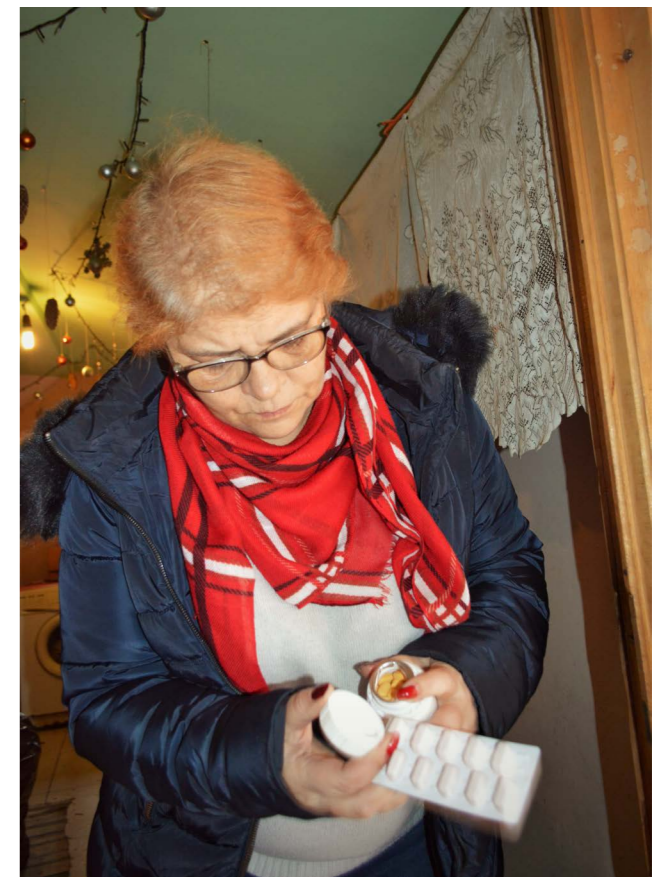


We perform regular visits to the beneficiaries' homes

The Baylor team, being close to persons living with HIV since their infection has been diagnosed, encourages beneficiaries to be independent and observe therapy correctly. The beneficiaries of our services are being supported to properly manage their status by performing regular home visits. The team consists of a physician, a nurse and a social worker. Thus, the self-care and observance of the antiretroviral therapy

are closely monitored, as well as the development of newborns during the first 18 months of life, until it can be confirmed that the transmission of mother-to-child HIV infection is stopped.

Pictures show: Maria Cristina Patrașcu, GP at Baylor Foundation and Florence Niculaie, social worker performing home-visits to beneficiaries residing in Constanța County.



Bine ați venit la Centrul de Excelență Baylor!

Program de funcționare:

luni – vineri, 8.00 - 16.30

Consultații pacienți:

luni-vineri, 8.00 – 16.00

Testare HIV și hepatite:

luni – joi, 08:50 - 11:30

Pentru programări:

- consultații cabinete medicale: 0241/680.547
- testare: 0241/691.730
- cabinete Spitalul Clinic de Boli Infecțioase: 0241/484.550

Vă puteți programa online pe www.baylor.ro

Intrarea A

Recepție pacienți și vizitatori



Intrarea B

Recepție testare și asistență psihologică



Fundația Baylor Marea Neagră activează în domeniul prevenirii, tratării și îngrijirii bolilor infecțioase cronice.
Ne desfășurăm activitatea la centrul de Excelență Clinică și în cadrul centrelor de consiliere și testare rapidă.
Ajutăm spitalele publice din România prin donații de medicamente și oferim personalului sanitar cursuri specializate de educație medicală continuă.
Lucrăm după standardele Baylor College of Medicine și Texas Children's Hospital, în strâns parteneriat cu Spitalul Clinic de Boli Infecțioase Constanța.

Telefon administrator clădire: 0735.553.043

www.baylor.ro
www.bipai.org